Rules for the Sports of the 2020 World Transplant Winter Games

Note: The possessive ‘his’ in this document also refers to ‘her’ but is used by itself for brevity.

Revised, October 2019
Revised January 2020 to reflect schedule and registration
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For questions regarding these Rules, please contact sports@wtgf.org
1. General Rules for the Sports of the World Transplant Winter Games

a. Conditions of Entry

Entry is open to all recipients of life supporting allografts (heart, intestine, kidney, liver, lung, pancreas) and hemopoietic cell (bone marrow) transplants from other individuals or species which require or have required the use of immunosuppressive drug therapies. Living donors and immediate family members of donors (parents, siblings, spouses/partners and children of deceased donors)—including tissue donors—are also eligible to compete in selected events in their own division. Recipient competitors must have been transplanted for at least 1 year, with stable graft function, be medically fit and have regularly trained at the events in which they have entered. Living donors must be nine months post-donation. If a recipient or living donor competitor is at least 6 months post-procedure, with stable graft function, has been training and has permission from his own doctor, his entry may be considered by the WTGF medical committee and be allowed. All competitors must be medically approved by their physician to compete. The participant must have a minimum competence in the discipline entered!

Ideally, each nation will have selected its best competitors and ensure that they are medically fit, without significant complications of chronic organ failure or immunosuppressive therapy. Before competing, each competitor must send back a “waiver” form with his sport registration, which states that he has knowledge of the rules and of the difficulties of the event and of the medical requirements of the WTG. In addition, all forms, including a WTGF medical certificate and a statement by participant form for each competitor, must be submitted at least one month before the start of the Games. The medical certificates will be reviewed by a representative of the WTGF and, if deemed unsatisfactory, that competitor may be barred from competition. The medical certificate must be fully filled out and signed by a transplant doctor.

Competitors of one nationality who live permanently in another country may compete for their country of permanent residence if they wish. Competitors who have been transplanted in a country other than their country of permanent residence may compete for the country where they were transplanted if that team agrees to accept them. Competitors may not switch once a decision is made except if one of the two conditions above changes.

Competitors are expected to understand and be familiar with the WTGF Rules for the Winter World Games and for their sport. At all times, participants must respect the etiquette and traditions of the sport/discipline. This includes being properly dressed and equipped and conducting themselves in a sportsmanlike manner.

All registration materials must be reviewed by the team manager prior to submission.

Entry forms must include a declaration signed by each competitor that he/she is fit and has trained for the events entered.

b. Age Groups

Athletes will compete by gender in the following age groups: 18-29, 30-39, 40-49, 50-59, 60-69, 70-79 and 80 and over. Age on the day of the Opening Ceremony of the Games will apply.

Juniors age groups: 8-11 years, 12-14 years and 15-17 years.
Juniors from 15-17 years are permitted to compete in the adult age event.

Team and Living Donor / Donor Families events don’t have age-categorizes.

Competitor numbers or identifications for each age group should be identified by a distinct colour so that competitors will be able to easily determine each other’s age group during competition.

Junior events during WWTG look at the NICHOLAS CUP point 10.
c. **Medals**

Medals are awarded to the top three competitors in each age group. A competitor must be deemed to have competed according to the rules of his sport in order to earn a medal.

Gold, Silver, Bronze for each team, bronze medals and points for losing semi-finalists

In events which involved classification before competition, duplicate bronze medals will be awarded to both losing semi-finalists, unless there is a means to clearly classify the competitors prior to the start of the elimination round(s) or if it is possible to determine the medallists by competition.

1st place – 3 points, 2nd place – 2 points, 3rd place – 1 point

d. **Living Donor/Donor Family and other Registered Supporters**

Living Donor/Donor Family and supporters may compete Giant Slalom, Snow shoe 2km, Cross Country. Participants who compete in the Giant slalom must have an acceptable competence. The Living Donor/Donor Family division is an open division and will not be categorized by age, only by gender.

Living donors must be nine months post-donation. If a living donor competitor is at least 6 months post-procedure, with stable graft function, has been training and has permission from his own doctor, his entry may be considered by the WTGF medical committee and be allowed. All competitors must be medically approved by their physician to compete.

Special designed medals for Living Donor/Donor Family: Gold, Silver and Bronze for all events in men and women, and medals for all other donor participators.

Supporters will not participate in the medal ceremonies.

e. **Entrants**

Athletes will be allowed to enter a total of five events. Athletes may not enter events that take place at the same time and in different venues.

Failure of an athlete to appear at any event when called will result in the athlete being scratched or eliminated from that competition. There will be no appeal of any disqualification for failure to appear. For team events, each team must consist of members from one nation only. Countries are allowed to enter two teams in any team event.

After the registration is duly completed, an athlete cannot withdraw from one event in order to compete in another.

Heat lists must be issued at least 24 hours prior to the events taking place (ideally at the Team Manager Meeting) held two days prior to the event in order that the entries may be checked.

f. **Seeding**

Seeding should be used in all events to ensure the fairest competition possible.

In all events, to insure the fairest competition possible, the entries should be formatted using standard procedures. The following factors should be considered (in this order):

1. medallists from the previous Winter World Games;
2. performances from the previous national games (in evaluating national games, the strength of the competition - quality and size -should be considered);
3. other relevant information.

g. **Duties of participants**

Participants are expected to know the rules of their events and the rules of the World Transplant Winter Games.

Participants are not allowed to interfere with the officiating of races at any time.
Participants are responsible for checking with their team manager to receive updates on events and other activities.

h. Duties of Team Managers

The Team Managers and Trainers are obliged to participate and attend the scheduled meetings arranged for them by the jury.

Team Managers must make sure that athletes are properly registered in his or her events and that they receive all relevant information regarding these events as communicated by Race Organizers during team manager meetings. The team captain must be accountable for the integrity of the inscriptions. Team Managers are responsible for informing Race Management in the event that a competitor wishes to drop an event as soon as possible and no later than one hour before the start of the race.

In the event of discrepancy, the Team Manager is the only representative that can formally submit a protest to Race Management regarding his or her competitor. Manager must follow official protest procedures.

i. Competition Rules

Competition in the World Transplant Winter Games is governed by the rules of the Fédération Internationale de Ski ("FIS") (http://www.fis-ski.com/uk/rulesandpublications.html), except as modified herein.
2. RULES SPECIFIC TO ALPINE SKIING RACES

a. Equipment
   1. Helmets
      Helmets are obligatory in all alpine races. If a competitor refuses to wear a helmet he will not be allowed to start.
   2. Skis
      The skis length for each event is up to each competitor’s choice

b. Unofficial times
   The chronometric times are made public and are unofficial times. Unofficial placings are made and placed on a notice board. This notice board must be placed in a position so that it is clearly visible in the competitors’ enclosure and to the Press at the start. If possible, these unofficial times should be made known to the public by a public address system also.
   As soon as possible after the completion of the run the unofficial times and any disqualifications will be posted on the Official Notice Board and, if possible, at the start. Competitors have 15 minutes to file a protest should they feel an error has been made.

c. Official results
   The sport coordinator will post online or/and print and billboard the results of the events and withdrawals if DNS/DNF, as soon as possible and ideally no later than 180 minutes after the event is ended.

d. Group draws and starting orders
   Women shall compete before men. The starting order shall be 17 and under competitors, and then competitors age groups from oldest to youngest.
   In the events where there are two heats the start of the second heat will be determined by the order of the first heat except for the first fifteen. For the first fifteen the starting order will be fixed as follows:
   1. the person placed 15th. will go First
   2. the person placed 14th. will go Second
   3. the person placed 13th. will go Third
   4. the person placed 12th. will go Fourth
   5. the person placed 1st. will go Fifteenth
   6. from the 16th. place on they will go in the same order as the first heat.
   If a lot of competitors are equal in 15th.place the competitor with the lowest competitors’ number will go first. This means that, if there are a number of competitors in 15th place, the competitor with the lowest number will go first on the 15th place order.
   In the case where there are less than 15 competitors in the event and the second heat will have the same number as the first heat, the principle of the starting order of the second heat is not altered.

e. Interference
   A competitor interfered with either by ski run personnel, a spectator, an animal or any other obstruction can ask the jury immediately to have the authorisation to retake his start. This request can also be made by the Team Manager on behalf of his team member. The competitor must stop his run and leave the course immediately at the place of the incident, he must not continue to pass on down through the gates.
   In particular circumstances e.g., gates missing or something else lacking, the jury can authorise a rerun.

f. Causes of interference
   1. Obstruction of the run by ski run personnel, a spectator, an animal or any other obstacle

For questions regarding these rules, please contact sports@wtgf.org
2. Obstruction of the run by a fallen competitor who has not been able to leave the course quickly enough.
3. Objects on the run such as skis or sticks lost or abandoned by other competitors.
4. Interference due to the presence of first aid officials.
5. Absence of a complete gate knocked away by a competitor and not replaced in time.
6. In particular circumstances e.g., a complete gate missing
7. Any other similar independent incidents which interfere with the capacity of the competitor and consequently have the effect of either slowing down his run appreciably or lengthening his course, or both, and thus interfering with his results.
8. Break down of the chronometer.
9. or any other foreign obstacle. Snow, rain or other natural elements limiting vision are not considered causes of interference

g. Validation reruns
If it is not possible for the referee, or member of the jury, to question the ski run personnel that was witness to the alleged incident in order to judge the validity of a request at that very moment he can authorise a provisional second run in order not to cause delays. The second run will be validated (or not as the case may be) as soon as the jury confirm it was a genuine interference.
If a competitor was already disqualified for some other reason before the incident of interference, which justifies a rerun, the second run will not be deemed valid.
The time of the second run, whether authorised provisionally or definitively, will be the time taken as official even if it is a longer time taken than that of the original interrupted run.
If the request for a rerun is deemed unjustified the competitor in question will be disqualified.

h. Appeals and protests
Team managers must file protests within 15 minutes of the incident or the posting of unofficial results. The protest must be accompanied by a fee equivalent to €50, such fee to be returned if the protest is upheld.

i. Protests’ management
The protest has to be put forward to at least one Judiciary Committee’s member (the WTGF official, the LOC’s sport manager, or the specific event coordinator). The Judiciary committee will listen to the arguments presented by the Team Manager and will decide if there is a justification or not for modifying the results of the event. The Judiciary Committee’s decision is final. The decision is promoted within one hour max.

j. Disqualifications
A competitor will be disqualified by the jury on the request of one of its members for infringements including but not limited to:
1. if the competitor is late at the start, makes a false start or if contravenes any starting regulations
2. if the competitor does not cross the line between the interior posts of the gate with the two tips of the skis and his two feet
3. if the competitor does not finish the full course or does not cross the finishing line
4. if the competitor accepts any outside help of any description during the course of the event
5. if the competitor does not give way to another competitor who wants to overtake on their first request or if he interferes with another competitor in any way
6. if the competitor requests a rerun incorrectly and the request is judged invalid

k. Inspection of the course
When inspecting the course, the competitor must find the run in a state ready for competition. Competitors should not be interrupted during their inspection of the course by people working on the run. The jury will decide exactly how this inspection is carried out.
1. the competitor must always wear his competitors’ number
2. the competitor must not descend on the tracks prepared for the event or pass through the gates. The competitor must only side slip through the track for the inspection.
3. the competitor must not go on the run without skis i.e. on foot.

A run in close proximity to the starting zone should be open for competitors for warming up.

3. ALPINE SKIING RACES

a. The ski slalom

The Slalom must always be performed in two heats and on two different courses. The two tracks are to be completed one after the other, in an order to be decided by the jury.

<table>
<thead>
<tr>
<th>Track</th>
<th>For the slalom the minimum time per heat should be around 30 seconds and the recommended average height around 175 meters.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Division</td>
<td>Individual and Team event (mixed teams allowed)</td>
</tr>
<tr>
<td>Attention for:</td>
<td>Best times of three will be counted for the team event</td>
</tr>
</tbody>
</table>

b. Ski parallel slalom

The Parallel Slalom is staged as a head-to-head competition with the winner of each race advancing to the next round. Pairings are determined by seeding the competitors based on the results of the Slalom race. If a competitor did not enter the Slalom or did not finish the Slalom for any reason, he is seeded after all of the competitors who have been ranked.

The competitor who is disqualified in, or who does not finish the first run of a heat will start the second run with a penalty time. The competitor who is disqualified in, or does not finish the second run of a heat is eliminated. If both competitors do not finish the second run, the result of the first run counts. If both were disqualified or did not finish the first run, the competitor who skied the furthest distance in the second run will advance to the next round. In case of a tie after two runs, the result of the first run counts.

The maximum penalty time will be 5% best time. In all cases the maximum time difference for the first run of each pairing can never be higher than the penalty time. If both competitors are tied after the second run the competitor who wins the second run advances to the next round. If both competitors are disqualified in the second run advances. If both competitors are disqualified at the same gate in the second run then the competitor who skied the furthest distance before disqualification advances. If both competitors are disqualified at the same gate in the second run then the competitor who won the first run will advance.

<table>
<thead>
<tr>
<th>Track</th>
<th>For the parallel slalom, the course should require 10-15 seconds to complete and the recommended average height is 40 meters.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Division</td>
<td>Individual And special event for team managers, IE doctor’s, physios or other of the Transplant community.</td>
</tr>
<tr>
<td>Competition:</td>
<td>Can take part in Snowboard parallel slalom</td>
</tr>
<tr>
<td>Attention for:</td>
<td>Due to the lack of participants in each category. It is also possible that each racer takes 1 run on the left course and 1 on the right course always against the same opponent. The fastest run of the 2</td>
</tr>
</tbody>
</table>
For questions regarding these Rules, please contact sports@wtgf.org

| runs will count as the final ranking. The competitors should be paired. Whenever possible, with someone in their age category. Inscriptions of the teams must be honoured. Inscribing teams and then not showing up for the event is severely frowned upon! Snowboard giant slalom can be combined if possible: great for the ambiance to do the ski/snowboard parallel slalom in the evening! |

<table>
<thead>
<tr>
<th>c. Ski giant Slalom</th>
</tr>
</thead>
<tbody>
<tr>
<td>The super-giant slalom is one run, the slalom and giant slalom are 2 runs. The parallel slalom are multiple runs</td>
</tr>
<tr>
<td>The Giant Slalom must always be performed in two heats and on two different courses. The two tracks are to be completed, one after the other, in an order to be decided by the jury.</td>
</tr>
<tr>
<td>Track</td>
</tr>
<tr>
<td>Division</td>
</tr>
</tbody>
</table>

d. Super Giant slalom

| The Super G must be performed on one heat only, with an inspection one hour before the start. |
| Track | The minimum time should be around 75 seconds and the recommended average height around 450 meters. |
| Division | Individual event |

e. Slalom team event (virtual)

| Each team must consist of members from one nation only. Countries are allowed to enter two teams max. For the Slalom Team Event, each country can have up to two teams of 5 (men and women combined). However, a team which cannot field 5 but has a minimum of 3 members will be able to compete. The team score is the total of the three best times. The slalom team event is not an additional event. It is the individual slalom event from which individual AND team results will be issued. |
4. **SNOWBOARD EVENTS**

   a. **Snowboard giant slalom**

   The Slalom must always be performed in two heats and on two different courses. The two tracks are to be completed one after the other, in an order to be decided by the jury. The same start as for Slalom!

<table>
<thead>
<tr>
<th>Track</th>
<th>The race will be approximately 105m and 18 gates, making 2 runs of approx. 50 seconds.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Division</th>
<th>Individual event</th>
</tr>
</thead>
</table>

   Attention for: Can take part during Parallel Slalom!

   b. **Snowboard parallel slalom**

   The Slalom must always be performed in two heats and on two different courses. The two tracks are to be completed one after the other, in an order to be decided by the jury. The same start as for Slalom!

<table>
<thead>
<tr>
<th>Track</th>
<th>The race will be approximately 105m and 18 gates, making 2 runs of approx. 50 seconds.</th>
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</thead>
</table>

<table>
<thead>
<tr>
<th>Division</th>
<th>Individual event</th>
</tr>
</thead>
</table>

   Attention for: Can take part during Ski Parallel Slalom!

5. **RULES SPECIFIC TO CROSS COUNTRY SKIING**

   There will be a mass start for the 5K and the one hour event. For the one hour event, competitors will be pre-positioned according to their finish position in the 5K. Competitors who have not competed in the 5K and who are not seeded in the event will be placed after the ranked competitors ranked by bib number.

   Competitors must follow the marked course from start to finish, must pass all control posts and conduct themselves correctly at all times towards their fellow competitors. The course must be completed entirely without any outside assistance. No assistant can lead or push a competitor.

   The competitor who is on the point of being overtaken by another competitor must give way to that competitor at the first request, even if the course has two tracks. The only exception is within the last 200 metres before the finish line, a competitor is not obliged to get out of the way of the other competitor.

   The competitors must follow the instructions of the Course Officials and of the Direction Officials.

   a. **Disqualifications**

   Conditions: A competitor will be disqualified by the jury for infractions including but not limited to

   1. if, in trying to shorten the distance of the course he does not follow the marked course or does not pass all control posts

   2. if he receives any outside assistance
3. if, on the request of a fellow competitor who wishes to overtake him he refuses to give way immediately or if he interferes with a fellow competitor in any way.

After disqualification the name of the competitor is scratched and a new list of results is established.

6. CROSS COUNTRY EVENTS

a. Cross country Classic Style 5 km

The classic style of cross country skiing is the more traditional style of cross-country skiing. It is sometimes referred to as walking on skis or ski running. In classic skiing, the skis are mostly parallel to each other, with both feet pointing straight ahead. Classic skiing is done in tracks which are parallel grooves laid in the snow. The tracks can be set by people or by a machine.

<table>
<thead>
<tr>
<th>Track</th>
<th>5km</th>
</tr>
</thead>
<tbody>
<tr>
<td>Division</td>
<td>Individual event</td>
</tr>
<tr>
<td>Attention for:</td>
<td>Classical Technique is authorized.</td>
</tr>
</tbody>
</table>

b. Cross country ski Classic Style one hour

<table>
<thead>
<tr>
<th>Division</th>
<th>Mixed teams (men and women) are allowed. It is an event which is not age categorised.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attention for:</td>
<td>skating is prohibited.</td>
</tr>
</tbody>
</table>

c. Cross country team event (Classic)

The Classical Technique, each country may enter two teams of 3 competitors. Each competitor competes for 3 km followed by the next teammate taking over within a 20 meters transition zone.

<table>
<thead>
<tr>
<th>Division</th>
<th>Mixed teams (men and women) are allowed. It is an event which is not age categorised.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attention for:</td>
<td>skating is prohibited.</td>
</tr>
</tbody>
</table>

7. BIATHLON

Biathlon information

- The rifles will remain in the range on a fixed lane on the shooting area while the biathletes ski their loops. (laser rifles can be used)
- Rests will be permitted for shooting if required
- Lead rifles will be provided

a. Participation and declaration of training

Each competitor entering for biathlon is expected to be trained for this event and to know the general security rules regarding the use of the weapon system selected for the competition. Every competitor must take part in training sessions in order to get to know the weapon system selected for the competition.
Each competitor will complete a certificate declaring he/she has trained in shooting. In this form, each competitor will also say if he/she is right or left handed.

This certificate can be provided by Biathlon’s training supervisor.

**b. The start**

**Order of Competitors**

The starting order for the biathlon is to be based on the results from the 5 km Cross Country event. Competitors who have not competed in the 5km event, and who are not seeded in this competition, will be placed after the ranked competitors ranked by bib number. Competitors will start at 30 second intervals.

**c. The shooting**

1. **First phase**
   The first shooting phase is performed at the km 2 mark. This shot is taken lying down with authorised support for the elbows only. Each competitor has five shots.

2. **Second phase**
   The second shooting phase is performed at the km 3.5 mark. It is a standing shot, without support. Again, each competitor has five shots.

3. **Loading**
   If airguns are used, each competitor must load his own rifle. In case the need arises, there will be two technical advisors of the Local Organisation Committee present to advise.

4. In the case of loss of shot while reloading a new shot can be requested from the technical advisors, depending on availability. If the technical advisors are not present the competitor must choose:
   a. To wait after his/her last shot
   b. Or to leave after his/her last shot knowing that the lost shot will be counted as a missed shot and carry a penalty 1’.

**d. Notice of results**

1. **Shooting phase**
   There will be two tables for the shooting phase, P1 (for the lying down shot) and P2 (for the standing shot), put up to show each competitor his penalties.

2. **At the finish**
   A Notice Board with the details of each competitor and the total of his results will be installed. The results are made up in the following manner:

   \[
   \text{Total} = \text{Time taken to complete the 3 km circuit} + \text{Penalties for lying down shot} + \text{Penalties for standing shot}
   \]

**8. CURLING (event on the first day)**

The Rules for the Curling Events are those of International Curling except:

<table>
<thead>
<tr>
<th>Division</th>
<th>Team and Living Donor/Donor Family event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inter-National teams</td>
<td>(competitors from 2 or more different countries in a same team) are accepted. They cannot get medals. Nor eliminate any national team.</td>
</tr>
</tbody>
</table>

**Attention for:**

The Curling is an event for the first day (from 9 am to 4 pm, for example)
The number of ends is reduced to 4 or 5.
Not gender categorized, not age categorized.

On the basis of 6 competing teams of 4 players maximum:
  a. 3 curling tracks provided
  b. Matches in 4 ends
  c. 3 qualified instructors provided

A one hour session of training and/or warm-up is provided at the beginning of the event.

9. SNOW SHOEING

a. Snow shoeing – 2km in virgin snow

<table>
<thead>
<tr>
<th>Division</th>
<th>Team and Living Donor/Donor Family event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attention for:</td>
<td>mass start</td>
</tr>
</tbody>
</table>

1. Infrastructure
   a. The course for the race is a continuous loop of two kilometres with a minimum track width of 1 metre, signposted and marked, on mountain terrain.
   b. The start and finish are clear and well-marked.
   c. Peaks are to be avoided on the loop, tracks have to ascend and go down slowly and continuously

2. Equipment
   a. The frame of the snowshoe itself has a maximum size of 20.5cm x 64cm (8” x 25”). This measurement is to be taken at the longest and widest part of the snowshoe.
   b. Factory-installed traction crampons at the heel and toe are acceptable. The use of additional crampons is not permitted.
   c. The snowshoe consists of a frame and mesh or solid material.
   d. The foot must be held in place by a hinged binding fixed directly to the snowshoe.
   e. Competition shoes may include, without any limitations, running shoes, hiking boots, or snow boots.
   f. The use of sticks is optional.

3. Personnel, Officials
   a. Games Judiciary Committee
   b. Course manager
   c. Race manager
   d. Starting line judge
   e. Assistant starting line judge
   f. Finishing line judge
   g. Field judges

4. Official duties
   a. The course manager is responsible for the maintenance of the size and condition of the track.
   b. The race manager oversees the competition and ensures that the team complies with the rules and that the specifications of the course conform to the official ruling.
   c. The starting line judge gives the signal to start: ‘Runners: ready – go’ and fires a starting gun or lowers a large flag as soon as competitors are lined up. The starting line judge decides whether or not a false start has occurred.

For questions regarding these Rules, please contact sports@wtgf.org
d. The assistant starting line judge is positioned ten (10) metres from the starting line and stops the athletes from continuing with the race if a false start is declared.
e. The finishing line judge records the time and participant number of competitors as they cross the finishing line.
f. The field judges, placed in positions throughout the course, oversee the progress of the race and monitor its conformity with the rules of its progression.

5. Competition Rules
a. All snowshoes will be measured and checked by the race manager before each heat.
b. Competitors must wear at all times, in such a way as to be clearly visible to officials the number they have been given.
c. The start
   1. At the start of the race, competitors must have both ends of their snowshoes behind the starting line, indicated by colouring or some other type of mark. No part of competitors’ bodies or clothes may be in contact with the starting line or the snow in front of the starting line before the start.
   2. Two false starts will lead to disqualification.
   3. Any type of support, such as starting blocks or holes, which may give a competitor any advantage, are forbidden.
   4. The start is in the form of a ‘mass start’.
   5. Competitors must leave the start area after the order ‘Runners: ready – go’
   6. Any competitor leaving before the signal to start has been given will be credited with a false start. The competitor will be informed, and the race will be re-started.
   7. The starting order will be as follows:
      a. Orally ‘Runners: ready’ (the competitor must place himself in the starting position).
      b. Orally ‘Go’ or a shot from a starting pistol. A visual starting signal (a flag) may be used to help competitors with hearing difficulties.

6. The Race
a. Only officials and competitors taking part in the race are authorised to be on the course.
b. When a curved track is used, the race manager ensures that all competitors cover the same distance.
c. If, during the race, a competitor falls or has a problem with a snowshoe or a binding, he may not receive assistance of any sort, on pain of being disqualified. The nearest field judge will be authorised to apply this sanction.
d. A competitor may not travel more than three (3) metres if he does not have both snowshoes attached to his feet.

7. The finish
a. A competitor has finished the race when his torso reaches the vertical plane of the finishing line. The torso is distinct from the head, the neck, the arms, the legs and the feet.
b. To be officially recognised, the competitor must have both snowshoes on his feet when he crosses the finishing line.

8. Disqualification
a. A competitor may be disqualified for the following reasons:
   1. Overtaking in an incorrect manner, or preventing the overtaking of another competitor, or hindering any other competitor in any way.
   2. Obstructing the passage of another competitor.
   3. Leaving the designated course.
   4. Making two false starts.
   5. Travelling more than three (3) metres without having his/her snowshoes attached to his/her feet.
   6. Crossing the finishing line without having both snowshoes attached to his feet.

For questions regarding these rules, please contact sports@wtgf.org
7. Receiving physical assistance at any time after having crossed the starting line to begin the race or before crossing the finishing line.

10. NICHOLAS CUP

The Nicholas Cup is a program for juniors that allows everyone to learn how to ski, to meet other young recipients, to increase his/her own trust in oneself, and to enjoy mountain sports and games. It is open to every child aged from 5 to 17, if s/he is a strictly ski beginner. A dedicated staff will take care of participants every day.

Juniors who are strictly beginners at ski, aged between 5 and 17 years old, are allowed to enter the Nicholas Cup. Juniors who enter the Nicholas Cup can’t participate at the World Transplant Winter Games. Any child registered for the Nicholas Cup who at the start of the journey is discovered to not be a strictly beginner can still participate in the Nicholas Cup program but will not have any allowance to get a performance medal at the Nicholas Cup Race.

The Nicholas Cup Race is an easy slalom race held at the end of the week. All Nicholas cup participants will receive a medal. Gold, silver and bronze medals are awarded to the three fastest.

The Nicholas Cup
The Cup is awarded to the most outstanding participant by a panel of 3 Judges (e.g. transplant paediatric nurse, Nicholas Cup staff, Nicholas Cup main ski instructor, etc.).

There is one free registration for the Nicholas Cup for each WTGF member country in good standing.

11. RULES FOR OTHER EVENTS

In case of organisation of other events (i.e. curling, speed skating, free-style cross country skiing), rules for these events will be approved by the WTGF.

For questions regarding these Rules, please contact sports@wtgf.org
# APPENDIX 1 / SAMPLE 1 - WWTG TECHNICAL FORMS (TO BE FILLED UP FOR EACH SPORT EVENT)

| Training day | 1 day, xx January 2020 |
| Event day(s) | 1 day, xx January 2020 |
| Location training | xx, ........ |
| Location Event | xx, ........ |
| Warm-up and Training area | Chairlift .................................................. Ski lift .................................................. |
| Website location | www.......................................................... |

| Official Rules | By INTERNATIONAL SKI FEDERATION, except if modified herein. |
| Games Judiciary | xxxxxxxxxxxxxxxxxxxxx |
| Catering on training Catering during event | Yes / No |
| Rest rooms | Yes / No |
| Org. Association / Federation | ......................... |

| Results of the day | Published at the LOC desk ......................... |
| Weather forecast | Published at the LOC desk ......................... |
| WTG Techn. Info Docs | Of the following day events |
| Starting lists | Of the following day events (then published at the LOC desk) |
| Lift open | xx:xx |
| Teams | 5 athletes max. |
| Number of participators | XX |

| Registration: | All competitors must be registered by xx:xx. |
| Competition begins at xx:xx. | |
| If people have not registered by xx:xx they will be withdrawn from the event. |
| 1st | |
| 2nd | |
| Course setter | .................................................. |
| Inspection (one) | xx:xx |
| Entry for racers closed | xx:xx |
| Entry for all closed | xx:xx |
| Forerunners Number | xx:xx |
| Start time 1st forerunner | xx:xx |
| Start time Racer no. 1 | xx:xx |
| Start Interval | xx” |
| Slip crews | Continuous |
| Podium scratch (three first) | xx:xx |
| Place | |
| Time | |

| Age categories: | |
| Juniors age groups: | 8-11 years, 12-14 years and 15-17 years |
| Juniors from 15-17 years are permitted to compete in the adult age event. |
| Adults age groups: | 18-29, 30-39, 40-49, 50-59, 60-69, 70-79 and 80 and over. |
| Living Donor / Donor families: | no age categories |

<p>| Points: | 1st place – 3 points, 2nd place – 2 points, 3rd place – 1 point |
| Medal Structure: | Gold Silver Bronze for each age category. |
| Medal Ceremonies: | Throughout the event as age categories are completed. |
| Medal Structure: | Gold Silver Bronze for each age category. |
| Medals for Living donor / family: | Gold Silver Bronze for men and women, but no age categories. |
| No medals for supporters. |
| Medal Ceremonies: | Throughout the event as age categories are completed. |</p>
<table>
<thead>
<tr>
<th>Medals presented by:</th>
<th>Sport coordinator and trustee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medal ceremony</td>
<td>xx:xx</td>
</tr>
<tr>
<td>Return to village</td>
<td>xx:xx</td>
</tr>
<tr>
<td>Next team Manager Meeting</td>
<td>xx January 2020 xx:xx</td>
</tr>
</tbody>
</table>

**Miscellaneous**

- Example
  - Run 1 & Run 2: same setting. No inspection for the 2nd run
  - Run events run according the rules for events

<table>
<thead>
<tr>
<th>Attire and Equipment</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Results</td>
<td></td>
</tr>
<tr>
<td>Attention for:</td>
<td></td>
</tr>
<tr>
<td>Discussion with AAC:</td>
<td></td>
</tr>
</tbody>
</table>
## WINTER TRANSPLANT GAMES TECHNICAL INFORMATION

### PROGRAM FOR

<table>
<thead>
<tr>
<th>Date / Date</th>
<th>Site / Lieu</th>
<th>Country / Pays</th>
<th>Event (DH/SG)</th>
</tr>
</thead>
<tbody>
<tr>
<td>XX/XX/XXXX</td>
<td>XXXXXXXXXXXX</td>
<td>XXXXXXXXXXXX</td>
<td>BY SPORT</td>
</tr>
</tbody>
</table>

### Name of event

**Nom de l'événement**

20th World Transplant Winter Games

### Games Judiciary Committee

XXX XXX XXX XXX XXX

### Place of jury inspection / lieu d’inspection du jury

### Time

<table>
<thead>
<tr>
<th>Radios / Radios</th>
<th>09:00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lift open / Ouverture des remontées mécaniques</td>
<td>09:00</td>
</tr>
<tr>
<td>Warm up and training area / Piste d’échauffement et d’entraînement</td>
<td>Run / Manche</td>
</tr>
<tr>
<td>1st / 1ère</td>
<td>2nd / 2ème</td>
</tr>
<tr>
<td>Coaches on place / Entraîneurs en position</td>
<td>10:00</td>
</tr>
<tr>
<td>Forerunners Number / Nombre d’ouvreurs</td>
<td>4</td>
</tr>
<tr>
<td>Start time 1st Forerunner / Heure de départ ouvreur 1</td>
<td>10:05</td>
</tr>
<tr>
<td>Start time racer no. 1 / Heure de départ no 1</td>
<td>10:10</td>
</tr>
<tr>
<td>Start interval / Intervalle de départ</td>
<td>45’</td>
</tr>
<tr>
<td>Yellow zones/flags Zones jaunes/drapeaux</td>
<td>Places</td>
</tr>
<tr>
<td>Slip crews / Lisseurs</td>
<td>Continous</td>
</tr>
<tr>
<td>Intermediate times / Temps intermédiaires</td>
<td>Place</td>
</tr>
<tr>
<td>Podium scratch (three first)</td>
<td></td>
</tr>
</tbody>
</table>

For questions regarding these Rules, please contact sports@wtgf.org
<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prize giving ceremony / Remise des prix</td>
<td>19:30</td>
</tr>
<tr>
<td>Course setter next race / traceur prochaine competition</td>
<td></td>
</tr>
<tr>
<td>Run</td>
<td></td>
</tr>
<tr>
<td>1st</td>
<td>2nd</td>
</tr>
<tr>
<td>Next team managers meeting / Prochaine séance des manager d’équipes</td>
<td></td>
</tr>
<tr>
<td>Miscellaneous / Divers</td>
<td></td>
</tr>
</tbody>
</table>