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**WORLD TRANSPLANT GAMES FEDERATION OFFICERS AND COUNCILLORS**

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President  
Gary Green  
Secretary  
Chris Thomas  
Treasurer  
Chris Thomas  
Treasurer

**Council:**  
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MESSAGE FROM THE PRESIDENT

This has been an amazing year for WTGF – not only the very first World Transplant Games on the African Continent but a new image, a new logo and a brand to take us forward to the next stage of our development.

The 19th World Transplant Games in Durban were a real treat for us all – the weather was good, the sports were excellent and the organisation was wonderful...such an Opening Ceremony that will be remembered for many years to come. There have been memorable ceremonies at previous Games but this one was spectacular! So many thanks are due to the ‘dream team’ in Durban – Willie and Heilie Uys, Kim Renyard, Donna Henriques and Vusi Ngcobo, Pr Efraim Kramer and of course the numerous volunteers, the medical teams, the officials, the caterers and the various family members who stepped in to assist. Thank you all for a great souvenir.

This year we have said goodbye to three long standing WTGF Councillors – our hard-working Treasurer Nico Zonneveld and our Medical Director Dr Daryl Wall as well as Peter Kreilkamp from Germany – all 3 have served the Council very well and we say a big thanks to them. That said, we will continue to work with Dr Daryl Wall as an ex-officio medical adviser to the Council.

Incoming Councillors come from Korea, Bulgaria, Belgium and Netherlands – and so we welcome Dr Won-Hyan Cho, Ms Sisi Markova, Mr Raymond Van Ryckel and Mr Andre Lassooij and we look forward to working with them for the next 4 years. By the way Mr Gary Green, Mr Chris Thomas and Mr Colin White have been re-elected to stand again for another term. Gary and Chris are on the Executive Committee as Secretary and Treasurer respectively. New sub-committees have been formed with new ambitions to take the Federation forward, to improve our Games organisation and to increase our efficiency.

The next event will be our Winter World Transplant Games in January 2014 at La Chapelle d’Abondance in France – more information to be found later in this Journal and in 2015 we are very much looking forward to another first for the Games – to be held in South America. The LOC in Mar del Plata is already working on the project and we are confident of a very warm welcome at this beautiful resort.

The future is bright for WTGF – the plans are in place and we have a new bidder for the summer 2017 Games – a bid from Malaga, Spain which is in progress at this time and which the WTGF Council is happy to consider with a potential visit to the venue in spring 2014.

With our new name for this Journal – now Transplant World – our new logo and new more modern image, I wish you all a very happy end of year and a successful 2014.

Until we meet again.

Friendly,

Olivier Coustere
President

MESSAGE FROM THE SECRETARY

The 2013 World Transplant Games are now history! For those of us fortunate enough to attend, it was a historic, spectacular event which was skillfully planned and enthusiastically produced. Congratulations to Willie Uys, the South African Transplant Sports Association and all of the hundreds of volunteers who worked so hard to make the event such a success.

The level of competition continued its steady upward arc, withalmost 30 world records set in the swimming competition and almost 40 in track and field. The Men’s and Women’s Outstanding Athletes were Liam Barnett of Great Britain and Northern Ireland and Heilie Uys of South Africa, while the Boys’ and Girls’ Outstanding Athlete Awards went to Kaidyn Blair of Canada and Nicole Mackenzie of Great Britain and Northern Ireland.

These Games saw the awarding of the first ever Outstanding Team Award at the Games. This award recognizes a team whose athletes have won the most medals relative to the team size (minimum 20). The Award is determined by awarding points for each medal (3 for gold, 2 for silver, 1 for bronze), and then dividing the number of points by the number of athletes on the team. The first ever Outstanding Team Award winner is the team from Great Britain and Northern Ireland.

The committees of the Federation, as they do after every Games, have a list of suggestions and recommendations to make the event even stronger. Please help us by letting us know your suggestions as well by contacting the WTGF Office at wtgf@wtgf.org.

Good luck to all the winter athletes at La Chapelle d’Abondance 2014!

Gary Green, Secretary

“It’s the possibility of having a dream come true that makes life interesting.”

Paulo Coelho
The new WTGF logo being revealed for the first time at the Opening Ceremony in Durban

If you missed the Opening Ceremony of the World Transplant Games in Durban, then you missed a stunning unveiling of the new World Transplant Games Federation logo.

For the Federation, a new logo was well overdue. But understandably a huge task for an organisation with more than 60 countries as members, 13 diverse councillors from all over the world and the realisation that the Federation needs to spend its funds wisely. So to conceive, consider and then implement a new brand was always going to take a lot of goodwill, calling in a few favours and a few champions to make it happen. But beyond all of the effort, the most important factor was to ensure the new branding process was undertaken by professionals, responding to a proper brief that captured the essence of the organisation.

In Australia we worked with Grey Advertising, a renowned world-wide firm, for a number of years as they provided pro-bono advertising services for our Australian Transplant Games. The work began in late 2011 and it wasn’t long before the Federation was considering two brand options. The first was based on the theme of ‘unity’. The second on the theme of ‘energy’. The Council finally took the decision that the logo which most closely aligned with our inspiring transplant athletes was a logo which depicted the energy given to a recipient from a donor. The importance of that gift, and symbolically recognising it, was essential.

The second half of 2012 saw the execution of the work passed to Carraro Design Management, once again another great agency although much smaller, taking the work on in a semi pro-bono capacity. Andrew Carraro worked tirelessly with our Communications Committee to refine the logo, identify suitable pictures to bring the logo to life and work out how to maximise the use of the ‘powered by the gift of life’ slogan.

Finally a set of corporate materials and a style manual – the first for the Federation was produced. But then came the all-important matter of where and how to launch the logo? Federation Secretary Gary Green wisely quipped, ‘you only get a chance at this once every 25 years or so!’ And that’s where the team of the Local Organising Committee in Durban came in. Every LOC has its challenges and most of them relate to doing the core business well. Throw in a few other tasks and you can get very distracted. However great credit must go to Willie Uys, Kim Reynard and their production team.

The logo, in its four pieces, was brought onto stage with music, dancers and colour. On the back screens the words, ‘energy’, ‘caring’, ‘willpower’ and ‘lifeforce’ were displayed while the voiceover explained the meaning behind the various elements of the logo. The highlight was when the completely assembled logo was then linked to a cable and rose over the opening ceremony until its closure.

To see many athletes having their photograph taken in front of the logo throughout the week was a great testament to the work undertaken to ensure it would be approved by not only the Council but the people who really matter – the transplant athletes themselves. A logo will only work if it is embraced by those who are our strongest advocates, the recipients.

There is more work to be done. The logo is launched. Now there is an opportunity for it to become a unifying symbol for the message of transplantation and the gratitude and thanks recipients show in their daily lives. We hope you will continue with us on that journey.

Chris Thomas
Treasurer, World Transplant Games Federation and CEO, Transplant Australia

The Elements
► the legs depict the ‘energy’ given to recipients
► the heart the ‘lifeforce’ from donors
► the head the ‘willpower’ to change your life once you have received a transplant
► the arms the ‘caring’ hands of doctors, nurses and carers.

World Transplant Games Federation
Powered by the gift of life
XIX WORLD TRANSPLANT GAMES 2013 – SURVEY RESULTS

The XIXth World Transplant Games took place from 28th July to 4th August 2013 in Durban, South Africa. 49 countries took part with 1,665 persons registered for the Games - of that number 972 were participating athletes while 693 were supporters. Of the 1,665 registered, only 377 people (22.6%) completed the online satisfaction survey which consisted of 38 questions and the responses to these questions are very valuable to the organisers of the Games as well as for the WTGF.

Demographic detail:
The number of people who responded was made up of 69.9% athletes and 21.9% supporters while 8.2% represented other persons such as volunteers, team managers and nurses. Respondents were mostly in the age group 40-59 years with the age group 50-59% the most represented. 39.3% of respondents indicated that it was their first Games and 29.7% indicated that it was the 3rd to 5th Games they have attended.

Overall satisfaction with the WTG 2013 and social events: Only 4.7% have rated the 2013 Games as average while 93.4% have indicated that the Games were an enjoyable (43.5%) and outstanding (49.9%) event. The two most outstanding social events were the Opening Ceremony, rated as 69.1% outstanding and the Gala Dinner, rated as the most enjoyable. Although the Cultural Evening was rated enjoyable this was also the social event that 20.0% of participants did not attend.

Donor recognition and youth programme events: Respondents rated the Organ Donor Beach Walk and Tribute Event as giving good or outstanding (70%) recognition to donors. The Beach Walk took place on Sunday 28th July during a period where participants either arrive or were busy with registration and the Tribute Event on 1st August during a full day of sports events. These factors may be the reason why only 50% of respondents attended the first event and 28% the latter event. The youth activities were attended by approximately 100 children and parents, 79% rated the outing to Phezulu safaris and 81% rated the Drumming Session at the ICC as good and outstanding.

Conduct and quality of sports events:
All sports events were rated between 3.88 and 4.21 out of 5 which is an indication of satisfaction with regard to the high standards of these events. The highest levels of satisfaction were experienced by participants at the 5k road race, athletics, squash, lawn bowls and petanque events.

Accommodation, food and transport:
Accommodation was rated by 90% of participants as good or outstanding. The responses indicated a greater variance when it comes to food and transportation ratings out of 5 as can be seen on the graphs included.

Medical assistance and services and Self Medication Seminar:
Only 18.8% of respondents have indicated that they needed medical assistance during the Games. The medical services at the Games were evaluated as good or outstanding, as follows:
- First aid and medical staff at sporting venues: 95.5%
- Local health care clinics: 79.4%
- Hospitals: 80.8%

44 of the respondents attended the seminar on Self Medication and of these 68.2% indicated that the seminar was good or outstanding.

Service given by volunteers: Volunteers are the backbone to the success of any event and require good selection criteria and structured training. According to the evaluation, respondents have indicated that the service of the Games volunteers were good to outstanding.

Communication and information:
66% of respondents have indicated that they have noticed articles or interviews on TV/radio/newspapers in their own countries. It is also clear that direct communication by Team Managers as well as Facebook, are very important ways of communication with participants.

Financial benefits to host country and financial support to athletes:
The majority of respondents claim to have spent an additional R2500 – R10000 on disposable spending. 10% of respondents have also visited other countries on the African continent after the Games. The number of days spent in South Africa for the Games were as follows:
- 8-12 days: 38.2%
- 13-21 days: 32.0%
- > than 22 days: 8.9%

38.1% of athletes have indicated that they are self-funded while 26.0% indicated that they were fully funded by Government or other private entities to attend the Games.

The Local Organising Committee of the 2013 World Transplant Games thanks Chris Thomas and Colin White, WTGF Councillors, for their initiative and commitment with constructing this survey and making available the results.

Willie Uys
LOC Chairman, World Transplant Games 2013
NEW WTGF COUNCILLORS

The World Transplant Games Federation is pleased to introduce four new Councillors who were elected to office in Durban and who are looking forward to serving in their new roles.

Stoyanka Markova Ananieva

Stoyanka was born in 1973 in Bulgaria and is the owner of a company specialising in medical care. She is married - the mother of two children, a girl and a boy. In 2001 Stoyanka’s husband had a kidney transplant and in 2003 her daughter also became a kidney recipient.

Stoyanka is one of the founders of the Bulgarian Union of the Transplanted, established in 2004. She has been an active Chairperson of the organisation since 2007 and has worked strenuously to raise the awareness of the general public on the need for organ donation.

Since 2009 Stoyanka has overseen the organisation of the annual National Games for Transplanted and Dialysis people. She is proud of her success in encouraging the habit of sport with people who have undergone an organ transplant operation.

She is especially happy to see how sporting events bring people together – particularly the young – allowing them to share their experiences and life stories, promote fair play in all competitions and above all enjoy life in all its beauty.

Prof Won-Hyun Cho

Won-Hyun began his career as a transplant surgeon at his University hospital in South Korea. He trained at Tokyo University, Japan (1986), Pittsburgh University, USA (1988) and worked as a visiting surgeon in Duke University, USA (2003). His main area is renal and liver transplantation – up to now he has performed more than 1,000 renal transplants.

From 2008, Won-Hyun worked as Chairman of the Korean Transplant Society for two years and established Vitalink, an organisation campaigning for and educating people about organ donation and also influencing government policy. As President of Vitalink, he has been instrumental in networking Non-Governmental Organisations which are actively participating in the organ donation campaign in Korea for co-ordination and co-operation purposes. He is also interested in transplant sport and actually attended the 2011 and 2013 World Transplant Games as Team Manager. Won-Hyun himself enjoys volleyball and golf in his spare time.

As a new Councillor of WTGF, he aims to continue to work to improve the quality of life of transplant recipients.

André Lassooij

André was diagnosed with lung disease in 1992 and received a double lung transplant in 1996. Unbelievably happy with having a new lease of life, André participated for the first time at the World Transplant Games in Sydney in 1997. He has had much success in athletics at the Games, including three World Records in long jump, 100m and 200m. André also led the Dutch team twice as Team Manager. André’s greatest success came in 2008 when he was the Dutch National Champion in the 200m – no one knew about his transplant!

André held the position of Chairman of the Dutch “Sport en Transplantatie” Foundation and in 2012 he was the LOC Chairman of the European Heart and Lung Transplant Games in Apeldoorn 2012, with 230 competing Heart and Lung recipients.

“As a new Councillor I bring all of my experience with me as a participant, Team Manager and LOC Chairman. Thanks for the gift of life from my unknown donor.”

Raymond Van Ryckel

Raymond Van Ryckel was born in 1950 in Leuven, Belgium. He studied industrial chemistry and after 15 years experience in a chemical lab, became a police-officer specialising in environmental matters. He is now retired for almost six years.

Around the year 2000 he had his first contact with a lung transplant recipient – a new unknown world was opening to him and he began studying to learn more about organ donation and transplantation.

Together with that same lung transplanted girl and her mother, he started an association called ‘Re-Born to be Alive’ to help young recipients, to promote organ donation and to motivate people in their decision to register as an organ donor. As Raymond became involved in sport after transplantation he took the role of Team Manager for Belgium and also works for the transplant and dialysis sports organisation in Belgium. Promoting organ donation is his main activity - he gives readings and lessons about organ donation every week.

Raymond hopes that WTGF can inspire more and more people with their decision to donate the gift of life and also that the Federation can function as an accelerator and inspire young and old in sport, fair-play and friendship.
High in the mountains of Haute-Savoie, the village of La Chapelle d’Abondance offers a warm welcome to everyone...

The Games
On 12th January 2014 the 9th Winter World Transplant Games will begin at La Chapelle d’Abondance. The Games are being held under the patronage of President of the French Republic, François Hollande. Over 300 participants are expected from 25 countries. The competitors will take part in 12 activities including Curling and Schuss 150m (new!).

La Chapelle d’Abondance, a Village Ski Resort
The event takes place amid a wonderful landscape at La Chapelle d’Abondance. The village welcomes you to its snowy slopes. From the beginner to the confirmed skier - all will remember this lovely resort which is honoured to receive the Winter World Transplant Games.

Organ Donation Awareness
These Games enable Trans-Forme and the World Transplant Games Federation to deliver a message to promote the success of transplantation and the need for organ donation by highlighting the skills of transplant athletes. Perhaps the most important gift visitors can find in these ancient mountains is the opportunity to take a break and unwind from the hectic pace of life – just try it!

The Nicholas Cup
Running alongside the World Games there will be the Nicholas Cup which is staged in memory of Nicholas Green who died in 1994 aged 7 and is homage to all donors and donor families. The Nicholas Cup brings together children from around the world, who have had a transplant and are strictly beginners at skiing, to participate in a week at La Chapelle d’Abondance where they will have the opportunity to meet peers who have shared the same experience.

www.transnoworld2014.org
ARGENTINA IS THRILLED TO WELCOME YOU TO THE 20TH WORLD TRANSPLANT GAMES IN MAR DEL PLATA IN 2015

"The next World Transplant Games will take place for the first time in Latin America. This is a great opportunity for us to increase organ donation in the region and to spread the word about the benefits of sport to transplanted people."

The National, Provincial and Municipal Governments are working to organise the 2015 World Transplant Games together with the Asociación Deportistas Trasplantados dela República Argentina (ADETRA) the non-governmental organisation that draws together transplanted athletes from all over the country. ADETRA was created in 1996 and since then has organised nine national games, six Latin American Games and participated in numerous worldwide events, including all World Transplant Games since 1997.

Mar del Plata is a leading national tourist and event destination. A wide range of facilities and services, as well as the organising experience and skilled human resources, make this city a favourite venue for the next Games. In addition, the city offers visitors the opportunity to enjoy a 47-kilometre coastline which creates a wide diversity of beaches both large and intimate, some with sand dunes and some with the wild landscape of the cliffs. Also, during the WTG 2015, all participants enrolled will have free access to the municipal museums.

All venues, including accommodation, sports facilities, catering and ceremonial rooms for the Games are first class. Highly skilled human resources and the welcoming attitude of the local people are also a key to successfully achieving the goal of making transplanted athletes from all the world feel at home as well as living a unique Latin American experience.

Rodolfo Wetzel
LOC Chairman WTG2015

SOUTHERN AFRICAN TRANSPLANTATION SOCIETY (SATs) CONTRIBUTED TO WTG 2013 SUCCESS

Under the leadership of Dr Elmi Müller, President of SATs, the Society decided in 2011 to join hands with WTG 2013 in hosting their 25TH International Transplantation Congress in Durban during the Games. This decision linked directly with the objectives of the 2013 Games and this is reflected in the invitation statement from Dr Muller to colleagues from all over the world:

“It is with great enthusiasm that we invite you to support this unique collaborative meeting, bringing together clinicians and scientists from developing countries, the local transplant community from South Africa as well as international participants and patients involved in the World Transplant Games. South Africa, as one of the leaders in the field of transplantation in Africa, is ideally situated to host this very important meeting and to build relationships with new upcoming countries in Africa with their developing transplant programmes. During this meeting new alliances will be formed in order to help build a better future for transplantation in Africa”.

Delegates at the congress were privileged to learn from 20 international transplant specialists. The Transplantation Society sponsored the "Global Alliance for Transplantation Workshop" which was a first for Africa. This congress also set the platform for collaboration with delegates from Africa and the rest of the world.

The congress delegates not only stayed in the same hotels as the Games participants but were also part of the social events of the Games. A true opportunity where the transplant community could share knowledge and recipients' experiences of how to "Celebrate Life after Transplantation". In the final days of the Conference, the WTGF President requested an opportunity to address the delegates since the 19th World Transplant Games were running concurrently in Durban it seemed appropriate for Mr Coustere to say a few words about the history and objectives of the Games and the true benefit of sport after transplantation in the rehabilitation of recipients. His words were very well received by an interested audience.

The 2013 Games thank Dr Muller and her team for being part of this great event, not just for bringing international transplantation experts to Durban but also for assisting in the evaluation process of nearly 900 athletes’ medical records as part of the Games registration process.

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**NEWS FROM BRAZIL**

Haroldo Costa from Brazil was delighted to report to the WTGF that “we have here in our capital Brasilia, one of the most popular newspapers in Brazil called Correio Brasiliense (Brasilia Post). On 1st September, they published a whole page report about the World Transplant Games. It had a great response and many people called to congratulate me on my fight to disseminate the Games and promote organ donation.”

Haroldo and the World Transplant Games also received massive media coverage in Brazil when the Health Minister launched a new campaign to mark National Organ Donation Day with the key messages, “Do not let life be over.” “Be an organ donor.” “Talk to your family.” The campaign aims to raise awareness and organ donation across the country. During the launch ceremony, Haroldo (who received a transplanted kidney in 1997) gave an emotional testimony emphasising the importance of transplantation and honouring his donor. Haroldo’s participation in four World Transplant Games was given prominence and he was proud to announce that he had won medals on two occasions, in 2011 and 2013 winning bronze medals in the tennis doubles (30-39) with Edson Arakaki, kidney recipient.

The Brazilian Ministry of Health is adopting measures to encourage organ donation in the country and the National Campaign for Organ Donation includes television and radio coverage together with advertisements in magazines and newspapers. Also large quantities of posters and flyers are being produced as well as email marketing, internet advertising, Facebook and Twitter all being utilised in the push to increase organ donor rates.

**SINGHEALTH TRANSPLANT SETS A NEW RECORD WITH A MILLION ROSES ‘THANKS A MILLION!’**

The ‘Thanks a Million!’ project, run by SingHealth Transplant, set a new record in Singapore for the ‘Largest Project to Fold Paper Roses’. SingHealth Transplant is the consolidated service for Singapore’s largest healthcare cluster with nine transplant programmes.

The aim of ‘Thanks a Million!’ was to appreciate the gift made by organ and tissue donors, both living and deceased, through the simple act of folding a paper rose. The paper roses represented the gift of life, as well as a ‘Thank You’ to every donor who has made the gift to save another.

A record of 1,064,180 paper roses was made possible by over 18,000 school students and healthcare staff from various healthcare institutions in Singapore. On 27th August 2013 the ‘Thanks a Million!’ flowers art installation was officially launched by Dr Amy Khor, Minister of State for Health, to kick off SingHealth’s annual Transplant Awareness Week. The art installation was created by Mademoiselle Maurice, a French artist based in Paris, and was exhibited in Singapore General Hospital to symbolise the celebration of the gift of life and gift of hope.

Janice Ho Tze Huay
Singapore

**Bulgarian National Games**

The 5th Bulgarian National Games took place in Sophia from Friday 11th October to Sunday 13th October. Mr Jordan Jovchev, Deputy Minister of Sports and former Olympic champion gymnast, was the Patron of the Games. The Games were a great success with over 100 participants entering many different sports – the youngest was aged 11 and the oldest 62 years of age.

The second day coincided with the European Day of Organ Donation. After the Games, all competitors, accompanied by a brass band, cheerleaders and hundreds of supporters of organ donation, marched in a parade in the city centre to raise awareness of organ donation which was followed by a Donors’ Family Night. The event was widely covered by the media. Part of the parade was broadcast live on several television channels.

We hope that our activities will help in reshaping the public’s attitude towards organ donation and the number of transplant procedures in the country will increase.

Stoyanka Markova Ananieva
World Transplant Games Federation Councillor
Bulgaria
Waves and smiles from the Beach Walk in Durban!

19th World transplant Games • 19th World transplant Games Durban, South Africa 2013

WORLD TRANSPLANT GAMES DURBAN, SOUTH AFRICA 2013

Friends from across the continents

Pleased to meet you!

Well done!

The team from Bulgaria at the 2013 Cultural Evening

Javelin - a great throw!
19th World Transplant Games • 19th World Transplant Games

President Olivier Coustere with the Country Representatives at the WTGF Welcome Reception

The medal winners from the Cycling

So happy to be at the Games

Handing over the WTGF flag to Argentina for 2015!

Road Race!
This year in Durban, the WTGF was proud to present a new special award – the WTGF Outstanding Team Award – for the team whose athletes won the most medals relative to the team size. Teams with 20 athletes or more were eligible for the award.

The WTGF Outstanding Athlete Award was awarded for the third time in our history to a man and a woman nominated by their team manager and selected by the Judiciary Committee using the following criteria:

- Performance (number of medals won)
- Quality (strength of competition)
- Diversity (achievements in multiple sports)
- Sportsmanship

Also the WTGF Outstanding Junior Athlete Awards were presented using the same criteria.

Representatives from Great Britain and Northern Ireland receiving the **Outstanding Team Award** on behalf of the team.

**Outstanding Athlete - Men**
Liam Barnett from Great Britain and Northern Ireland – liver recipient. Liam received his award from WTGF Secretary, Gary Green (right) and the Mayor of Durban, James Nxumalo (left).

**Outstanding Athlete - Women**
Heilie Uys from South Africa – kidney recipient.
The Maurice Slapak Award for the 5km Road race was won by the team from Hungary – Gergo Mezei, Laszlo Venyercsan and Csaba Zalaj. The Peter Griffin Award for the Men’s Swimming Relay was presented to the Great Britain and Northern Ireland team – Liam Barnett, Matthew Dodd, Benjamin Pacey and Stuart Robinson.

Olivier Coustere, President of WTGF also presented two very special gifts of thanks and appreciation from the Federation to Willie Uys, the Chairman of the 2013 Local Organising Committee and to the Mayor of Durban, James Nxumalo.

Outstanding Junior Athlete - Girls
Nicole Mackenzie from Great Britain and Northern Ireland, a kidney recipient.

Outstanding Junior Athlete - Boys
Kaidyn Blair from Canada, a 10 year old liver recipient.

Organ Donor Tribute Ceremony
An uplifting inter-religious service was held in Durban on Thursday 1st August during the 2013 World Transplant Games as a tribute and thank you to organ donors and organ donor families.

The guests stood for a procession led by Prof Nceba Gqaleni who was followed by the religious leaders from many faiths, Paddy Meskin from the World Council for Peace and reconciliation, three representatives from transplant centres and three child recipients.

The afternoon then began with an opening welcome from Prof Gqaleni and the ceremonial lighting of the tribute candles – this was followed by beautiful, uplifting choral music and thought provoking prayers from the religious leaders. Paddy Meskin then addressed the gathering before individual transplant recipients made moving tributes and gave thanks to their donors. A minute of silence was led by Prof Gqaleni who closed the afternoon and everyone joined in the final choral item “Amazing Grace”.

LOC Chairman Willie Uys receiving his Award

The Mayor of Durban, James Nxumalo, with President Olivier Coustere
NEW FLAGS FOR 2013!

The World Transplant Games Federation is delighted that three new countries attended the 2013 Games in Durban, South Africa. Welcome to our family!

**Ethiopia**

The World Transplant Games 2013 in South Africa provided an opportunity to illuminate issues relating to organ transplantation throughout the African continent and for the first time a team from Ethiopia was represented at the Games. Two transplant recipients, Daniel Serawbezu and Mifta Mohammed, were delighted to be chosen to attend the Games and proudly carry the Ethiopian flag.

For Daniel and Mifta, the Games presented an opportunity to not only showcase their sporting talent, but also to share their inspiring stories. With organ transplantation not yet conducted in Ethiopia, both had to travel to India to undergo the life-saving surgery. Despite the exorbitant cost of the surgery (over US$30,000), Daniel and Mifta were supported by loving family, friends and communities who helped in raising the funds. Mifta was so inspired by his experience at the Games and by the people he met, that he has since enrolled in a nursing course at an Ethiopian university. Both Daniel and Mifta thoroughly enjoyed the Games and hope to make it to Argentina in 2015.

**Iceland**

It is hard to imagine that only two years ago we started towards the journey to Durban in South Africa and now the Games are a good lasting memory for us. When we began we had up to ten organ recipients willing to take part in the 19th World Transplant Games. However as we got closer to the Games it was regrettable that not all could take part so we arrived with three competitors - one heart and two kidney recipients.

These Games were all and much more than we could wish for - it was so much fun and interesting to take part in such an event. Also it was so much bigger than anything we could have imagined. Now we know so much more today than we did before and we will try our best to bring a bigger team to WTG2015. Also we have discovered that there is a European Games as well and we hope to have a team there next year.

Thank you to WTGF and the LOC in South Africa for all their help in every way and also to everyone we got to know during our stay in Durban - hope to see you all as soon as possible.

Best wishes from Team Iceland.

**Kenya**

Lorna Irungu was delighted to attend the World Transplant Games in Durban and represent Kenya. Lorna enthusiastically carried the Kenyan flag onto the stage at the Opening Ceremony and later in the week she competed at the pool in breaststroke and butterfly.

Lorna, a three-times kidney recipient who received the first gift of life from her father and then from her sister and brother, has a high-profile media career in her country and uses this to work at increasing public awareness of the need for organ donation and the dangers of kidney disease.

WTGF is looking forward to seeing Lorna again with a team from Kenya in Mar del Plata, Argentina in 2015!
We are pleased to announce the new World Transplant Games record performances set in Durban 2013.

The standard of the athletics and swimming performances was extremely high in South Africa with many World Records broken – some several times! Amongst these great results, was the achievement of Liam Barnett from the Great Britain and Northern Ireland team who now holds the World Record in five swimming disciplines. In the 100m breaststroke (40-49), the record set in Nancy in 2003 by T Michel was equalled after 10 years by Andrzej Lewandowski of Poland.

On the track Montague Summers from Australia equalled his own record in the 400m (18-29) - he had previously set this record in Sweden in 2011. Also Montague is now the new World Record holder in the 800m (18-29). The women’s track and field events brought new World Records in the shot put, javelin and discus (18-29) for Nicoleta-Raluca Dragan from Romania – this achievement includes Nicoleta almost doubling the previous discus record for her age group!

Congratulations to all record breakers!

For all other World Records please see the WTGF website www.wtgf.org.

### Track and Field - Men

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Result</th>
<th>Name</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>100m</td>
<td>00:16.85</td>
<td>Derek Johnson</td>
<td>GB&amp;NI</td>
</tr>
<tr>
<td>200m</td>
<td>00:25.96</td>
<td>Howard Dell</td>
<td>USA</td>
</tr>
<tr>
<td>400m</td>
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<td>Montague Summers</td>
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</tr>
<tr>
<td>800m</td>
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<td>Montague Summers</td>
<td>AUSTRALIA</td>
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<td>Shot Put</td>
<td>11.94</td>
<td>Adam Darazs</td>
<td>HUNGARY</td>
</tr>
<tr>
<td>Discus</td>
<td>36.68</td>
<td>Steven Arthy</td>
<td>AUSTRALIA</td>
</tr>
<tr>
<td>Javelin</td>
<td>25.72</td>
<td>Jacobus Laubscher</td>
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<tr>
<td>High Jump</td>
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<td>Jeremy Clifton</td>
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</tr>
<tr>
<td>Ball Throw</td>
<td>8.01</td>
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### Swimming events - Men

<table>
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<th>Result</th>
<th>Name</th>
<th>Country</th>
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<tbody>
<tr>
<td>50m Freeyle</td>
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<td>Liam Barnett</td>
<td>GB&amp;NI</td>
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<tr>
<td>100m Freestyle</td>
<td>00:55.62</td>
<td>Liam Barnett</td>
<td>GB&amp;NI</td>
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<td>200m Freestyle</td>
<td>01:22.77</td>
<td>William Noble</td>
<td>GB&amp;NI</td>
</tr>
<tr>
<td>60-69</td>
<td>05:13.73</td>
<td>William Noble</td>
<td>GB&amp;NI</td>
</tr>
<tr>
<td>100m Breaststroke</td>
<td>01:26.82</td>
<td>Andrzej Lewandowski</td>
<td>POLAND</td>
</tr>
<tr>
<td>70+</td>
<td>02:17.99</td>
<td>Johan Dun</td>
<td>NETHERLANDS</td>
</tr>
<tr>
<td>50m Backstroke</td>
<td>00:32.53</td>
<td>Koenraad Pretorius</td>
<td>SOUTH AFRICA</td>
</tr>
<tr>
<td>50m Butterfly</td>
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<td>Liam Barnett</td>
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### Track and Field - Women

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<tr>
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</thead>
<tbody>
<tr>
<td>50m Freestyle</td>
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<td>Michelle Daley</td>
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<tr>
<td>60-69</td>
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<td>Monica Moss</td>
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<td>200m Freestyle</td>
<td>02:40.88</td>
<td>Jodie Cox</td>
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<td>60-69</td>
<td>03:47.90</td>
<td>Margaret Mills</td>
<td>GB&amp;NI</td>
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<td>400m Freestyle</td>
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<td>Simone Bauer</td>
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<td>50m Backstroke</td>
<td>00:41.30</td>
<td>Michelle Daley</td>
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<td>50-59</td>
<td>00:47.14</td>
<td>Tersia Smit</td>
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<td>60-69</td>
<td>00:54.31</td>
<td>Margaret Mills</td>
<td>GB&amp;NI</td>
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<td>Dianne Miller</td>
<td>USA</td>
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<tr>
<td>200m Individual Medley</td>
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<td>Simone Bauer</td>
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<tr>
<td>60-69</td>
<td>04:41.91</td>
<td>Dianne Miller</td>
<td>USA</td>
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### Swiming events - Boys

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<tbody>
<tr>
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<td>00:08.42</td>
<td>Kieren Seri</td>
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<tr>
<td>Ball Throw</td>
<td>49.79</td>
<td>Kaidyn Blair</td>
<td>CANADA</td>
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<tr>
<td>15-17</td>
<td>77.14</td>
<td>Matthew Mokoroa</td>
<td>NEW ZEALAND</td>
</tr>
<tr>
<td>High Jump</td>
<td>1.55</td>
<td>Johannes Lombarda</td>
<td>SOUTH AFRICA</td>
</tr>
<tr>
<td>Long Jump</td>
<td>3.20</td>
<td>Kaidyn Blair</td>
<td>CANADA</td>
</tr>
<tr>
<td>15-17</td>
<td>5.31</td>
<td>Philippin Mogotsi</td>
<td>SOUTH AFRICA</td>
</tr>
<tr>
<td>Shot Put</td>
<td>10.75</td>
<td>Matthew Mokoroa</td>
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### Track and Field - Girls

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<tbody>
<tr>
<td>12-14</td>
<td>3.47</td>
<td>Jeanne Carles</td>
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### Swimming events - Boys

<table>
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<th>Result</th>
<th>Name</th>
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<tbody>
<tr>
<td>15-17</td>
<td>00:40.48</td>
<td>Kieran Heycock</td>
<td>GB&amp;NI</td>
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</table>
Each year more than a thousand Belgian patients are informed they will need a new organ as their only chance of survival. A transplant can be hard on the body and mind but after a successful transplant people are able to live a normal life again. A healthy lifestyle and regular physical activity can have a positive influence on the long-term results of transplantation. To promote physical activity after transplantation, the Transplantoux Foundation was started at the KU Leuven and University Hospitals, Leuven, Belgium by Prof Diethard Monbaliu and colleagues.

This foundation aims to organise positive awareness about organ transplantation, motivate transplant patients to exercise in a healthy way and stimulate multi-disciplinary scientific research to improve the long-term outcome after transplantation.

One positive campaign organized by the Transplantoux Foundation includes cycling and hiking on Mont Ventoux, Vaucluse in France. So this year in June, for the fifth time Mont Ventoux was climbed in one day – although with six months of preparation. Almost 70 transplanted ambassadors of Transplantoux took part – cyclists and 15 walkers. For some there was no better way to prove how well they live their lives in extra time and each pushed the boundary according to their own capability. For them it is not only about conquering the mountain – it is about achieving a goal together. The main message was to showcase the importance of keeping your body in good condition in a realistic achievable way through exercise. During the 21km climb each participant was accompanied by a personal coach (doctor or paramedic) also 50 family members travelled along stressing the importance of taking part in sport together.

The legendary Mont Ventoux symbolizes the mountain of difficulties that transplant patients, their families and donor families go through. The transplant patients can express their gratitude to their donor and donor families by keeping their organ in outstanding physical condition and by proving that no mountain is too high for them.

**Physical activity**

After transplantation the physical fitness recovers but doesn’t reach the level expected in the healthy population. The immunosuppressive medication is a contributing factor to diminished physical fitness as well as the lack of stimulation to exercise. There is also the co-morbidity of the previous disease.

With the support of an intensive training program over six months in order to successfully climb Mont Ventoux, spectacular results can be achieved: “a VO2max-jump, an improved BMI, countered hypertension...”. However, it is never the intention to change participating transplanted patients into elite athletes. The participants are the ambassadors who represent what can be achieved. In addition, the ambassadors are role models to transplanted adolescents who don’t always take their immunosuppressive medication punctually. Through sport and physical activity, and accompanied by adult (transplanted) companions, they can get motivated again.

**Bakala Academy**

The preparation takes months and each participant is coached individually by members of the Bakala Academy, a state of the art athletic performance centre supervised by Prof Peter Hespel. The long-term effects of the short stimulus of Transplantoux on daily physical fitness and activity are currently being investigated and preliminary results are promising. This includes participants being screened regularly and recorded with a physical activity monitor for one year after their participation in Transplantoux.

**Revelation**

Convincing transplanted patients to participate is not necessary, on the contrary people are currently being refused. The earliest patients can subscribe to participate is a year after their transplant. They are required to be medically screened beforehand in an intensive physical training program.

During the climb, every recipient is accompanied by a doctor or paramedic as well as medical companions involved in care programs for organ transplantation. For them, with their knowledge of the patients’ feelings during organ failure, seeing the transformation is truly inspirational.

Organ recipients are living with a continual feeling of gratitude. They live thanks to extra time. I still remember as if it was yesterday, the first man we coached to the top of the Ventoux. Almost at the top, next to the Tom Simpson Memorial, he stopped and said “I shouldn’t have been here anymore” and fell crying in my arms.

**Diethard Monbaliu MD Phd**

**www.transplantoux.be**

**www.bakala-academy.com**
Evy van Kempen is 26 years old. She is married, works in a day care centre for children with behavioral disorders and swims 12 hours a week. She is doing very well and is happy although that was not always the case. In 2001 Evy, then aged 15 years, became ill with cancer - a tumour on her leg was removed in an operation and she had to undergo chemotherapy for six months.

This treatment did fight the cancer but Evy’s heart was also severely damaged, which led to a toxic cardiomyopathy. The doctors in the Netherlands could not help the young patient any further - she was not eligible for a donor heart at that time due to her prior illness. But Evy was lucky. Her doctor contacted Professor Hetzer of the German Heart Center in Berlin (DHZB) who accepted the case. "I was flown to Berlin with a patient transfer. When I arrived there I was more dead than alive and was operated on immediately. I received the EXCOR® ventricular assist device (VAD)", related Evy.

Three months later Evy returned home and only had to go back to the DHZB for regular checkups. Her parents were instructed by the nurses in using the EXCOR® system and learned how to change Evy’s bandages. "The EXCOR® gave me enough time to get a place on the waiting list. I would not have made it otherwise. Besides, it gave my body time to recover for the transplantation", she recalls.

After 13 months with the EXCOR® system Evy was put on the waiting list for transplantation and a donor heart was found for her only four weeks later. She received her new heart on the 27th of July, 2003 and could return to school in September. She returned to normality, went on to college and could finally enjoy her beloved sport again - swimming. Before her illness Evy was a competitive swimmer and got back into shape quickly. "In 2005 I heard about the World Transplant Games for the first time. The goal of the games is to encourage organ donation. For me that is a great combination in which I can show my appreciation in this wonderful fitting way to my donors and their survivors”, said Evy explaining her motivation. At the World Transplant Games 2007 in Bangkok she participated for the first time with the Dutch team and won two bronze medals.

Sadly Evy had to accept a new setback a year later. Her kidneys failed in October 2008 from the chemotherapy and medication. From now on she had to go to dialysis three times a week until she received a donor kidney in July 2009. She recovered quickly and was already accepted onto the Dutch swimming team again a year later winning a gold medal in the 50m breast stroke in Göteborg.

Evy trained intensely for a year for the 2013 Games in South Africa continuing with her usual healthy lifestyle and keeping fit. Evy says "WTG Durban was a very special event, and I'm glad I, along with all other transplanted athletes, have been able to celebrate my tenth heart anniversary. And thanks to my donors I was also able to win two gold and one bronze medal! I had a great time in Durban!!"

www.berlinheart.de

“I’m glad I, along with all other transplanted athletes, have been able to celebrate my tenth heart anniversary”
Thank you to retiring WTGF Treasurer Nico Zonneveld

President Olivier Coustere expressed his grateful thanks to the retiring WTGF treasurer Nico Zonneveld at the 2013 Games in Durban. Nico has faithfully served as Treasurer for eight years and leaves WTGF with the Federation’s finances and accounting processes in excellent order.

“Thank you Nico – enjoy your retirement and keep in touch!”

13th Congress of the Asian Society of Transplantation

WTGF President Olivier Coustere was delighted to be invited to speak at the 13th Congress of the Asian Society of Transplantation (CAST2013) in Koyota, Japan which took place from 2nd – 6th September this year. The President of CAST2013 was Prof Shiro Takahara and the event was co-hosted by the 49th Annual Congress of the Japan Society for Transplantation.

President Coustere stated that the purpose of his presentation at the Congress was to share the experience and history which WTGF has to offer over 35 years of promoting the benefits of organ donation and organ transplantation through international multi-sport events for recipients. He focused on the knowledge that has been gained through the work of WTGF with recipients, the attempts to promote the benefits of fitness after transplantation, to regain quality of life, to re-start a work career, to be fit and healthy within the family. He also concentrated on the need for more medical professionals to prescribe physical activities to patients and to engage with the work of WTGF and encourage the promotion of WTGF objectives to their patients.

Olivier was also pleased that WTGF was promoted by having a booth at the Congress which had many visitors during the event - including surgeons, doctors and other medical specialists. This gave a further opportunity to bring the message of the Federation to a new and wider audience. Olivier wishes to personally thank all the people he was privileged to meet at the Congress – he is now looking forward to liaising with them to help patients recover their normal life faster.

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Since the first renal transplant in 1969, transplantation in South Korea has developed very rapidly, especially from living donors. The problem of living donor safety was a big issue but still many family members are willing to donate their organs to their sick relatives. This is mainly due to the unique affection for family which prevails in South Korea. Beginning in 1988, when deceased donor liver transplantation was first successfully performed, the number of deceased donor transplants has gradually increased for every organ. At the same time, several religious organizations participated in organ donation campaigns and started to work actively from 1990. The Transplantation Law was passed in 1999, so all transplants were performed under the guidance of the Brain Death Law and under the control of the Korean Network for Organ Sharing (KONOS).

Now, in South Korea we have a national organ allocation organization (KONOS), a professional organ procurement organization - Korean Organ Donation Agency (KODA), a transplant registry – Korean Organ Transplant Registry (KOTRY), Vitallink – an organization offering professional education regarding organ donation and a leading organization for Non-Governmental Organizations (NGOs), as well as a network of NGOs - Korean Organ Donation Network (KoDoNet). All of these groups are working closely together with the Korean Society for Transplantation and the Ministry of Health and Welfare. As a result of such efficient co-operation the deceased donor rate of South Korea last year reached 8.0 pmp with 1,283 liver transplants and 1,783 kidney transplants being performed last year. Around 100 pancreas, heart and lung transplants were also successful.

The Korean Society of Transplantees (KST) was established in 1994 in order to support recipients’ rights and interests and to share information between members. KST also contributed to the rehabilitation of transplantees and the improvement of their social lives. From 1994 national transplant games were held every year and more than 800 athletes competed in the track and field events. South Korea also participated in the first Asian Transplant Games in Hong Kong and won a gold medal at table tennis and golf. From 1996, KST expanded the national games as not only an athletic meeting but also covering the physical activity and health care of members. In 1997 several Asian countries, The Philippines, Hong Kong, Japan and Thailand, joined together for games and shared mutual interests including seminars about each country’s status of transplantation.

The South Korean team athletes participated in the World Transplant Games until 2001 but not for some time afterwards due to domestic problems. However, in 2011 24 athletes and supporters participated in Goteborg and won four gold medals. Video clips campaigning for organ donation were filmed at the Games and broadcast on the Korean Broadcasting System at same time. South Korea has continued to send a team and was represented in Durban, South Africa this year.

As there are now a number of recipients at each hospital, there are several hospitals which hold transplant games of their own. The liver transplant recipient group hold their own games annually and games for child recipients were held from last year together with an art contest.

In the near future, we hope to start a regional transplant games with neighboring countries which would attract a great deal of media attention. By doing this, we will be taking a step forward to solving the organ shortage in each country. We also aim to produce a guide book for physical activity of transplant recipients.

Please visit the website of Vitallink http://vitallink.or.kr for more information regarding the status of transplantation in South Korea.

Won-Hyun Cho, MD
WTGF Councillor