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MESSAGE FROM THE PRESIDENT

Friends,

I am delighted to be writing to you all again as President of WTGF having been re-elected as a Councillor and as President during our visit to Gotenburg. I feel that there is so much more to achieve in moving this Federation forward even with the work already done - our communication lines are so much better now with our regular TransWorld Journal and updated website, regular online meetings of the Council, active communications around the world on Facebook.

I am very proud to have been able to introduce a medical and repatriation insurance policy for all participants at the Games, to offer a Welcome Reception to our Country Representatives and to honour the work of our Team Managers. Also, the finances of WTGF are in a much healthier position now than in previous years since we rely less on commercial sponsorship and more on selling the Games franchise to the bidding countries - of which we now have regular interested parties who are eager to stage the Games. As a result, WTGF is in a better position now to assist some transplanted athletes who are genuinely unable to afford to come to the Games. Our relationship with the International Olympic Committee is strengthened and their financial support is increased.

All areas of our work are constantly under review by our committees of WTGF Councillors - areas from medical, sport, communications, fundraising/sponsorship are under discussion. We must thank all our Councillors, welcoming newly elected Liz Schick and Shiro Takahara and acknowledging Heather Fisher and Mark Murphy recently retired, for their contribution - remember we are all volunteers.

Turning now to our wonderful memories of Sweden - despite some unkind weather, we can still recall the warmth and friendship, the wonderful reunions and the fantastic support that we received - the Patron, HRH Prince Daniel, our major sponsors Astellas, the Swedish Regional Government and a host of others who made the event possible. Anders Olsson and his team, the enormous work done by Lars Ljungberg and the invaluable contribution of Dr Hakan Gabel will not be forgotten. We will meet again in Anzere in March 2012 - I hope we will see many new faces. Willie Uys and his team are well underway with their preparation for 2013 and the WTGF experts will arrange to visit the three new bidding countries for 2015, Argentina, Germany and Japan in the early part of next year.

For now, I wish you all a happy year end and a very healthy 2012. Till we meet again.

Friendly,

Olivier Coustere
President

MESSAGE FROM THE SECRETARY

The 2011 World Games are now part of our history and from our entire WTGF global community, sincere and heartfelt thanks are due to LOC Chairman Anders Olsson, General Manager Åsa Sandberg and each one of the scores of individuals who volunteered their time and expertise to make these Games a success. The weather cooperated in general, the competition was exciting, and many new friendships were formed and old ones renewed.

As always, the Council has begun its evaluation of the most recent Games. Thanks to all of you who completed the survey - and it’s not too late to provide comments and observations regarding your participation. Please direct your thoughts to the WTGF office at wtgf@wtgf.org. Many suggestions have been made, all of which will be carefully reviewed.

The WTGF’s role historically in the management of each World Games is to provide continuity between Local Organizing Committees - to ensure that experiences of previous LOCs are passed forward to future ones so that the Games experience for participants is consistent from one Games to the next. The Council will again be evaluating how successful this has been, as well as considering other steps that can be taken. Your comments on this are welcomed as well. This is your event - please tell us how you feel.

Hope to see all of you at the 2012 Winter World Games in Anzere!

Gary Green, Secretary

“If one man can develop so much anger and hate...then think how much love all of us can develop together”

Words from a young girl who survived the Utoya Island tragedy in Norway this summer.
Sweden Games Survey Results

Three Out of Four Were Very Satisfied with the World Transplant Games in Göteborg

The 18th World Transplant Games were held in Göteborg, Sweden, from June 17th to 24th. A post Games survey was distributed to all participants in July with a deadline date of August 3rd. A total of 583 participants responded, which was a good return.

For 38% of the participants, this was their first World Transplant Games and 13.2% had been to more than six Games. On the question of overall experience, 70.8% answered Enjoyable or Outstanding. On the other hand, 7.1% answered Really Poor or Poor. A total of 67.4% thought the Opening Ceremony was Enjoyable or Outstanding, while 8.7% answered Really Poor or Poor.

On the question; Please rate the recognition given to donors during the week, 67% replied Good or Outstanding. In a report given to the LOC after the Games, the Social department reported that the number of registrations in the national donor register was doubled during the period of the Games.

Among the sports there were two that dominated as Outstanding - Golf and Floorball.

Only 9.4% of the participants needed to seek medical assistance during the Games.

The food during the Games is often a tough question when serving people from 50 countries from all over the world. The lunch was thought Average/Good/Outstanding by 71.8% of the participants.

Regarding dinner, 75.4% thought it was Average/Good/Outstanding, while 23% answered Poor or Really Poor in the survey.

The LOC had put a lot of effort in the question of accommodation. 70.9% answered Good or Outstanding about the accommodation and only 1.2% (app. 20 people) thought it was Really Poor.

Public transport was an issue that worried the LOC before the Games. How will people respond to taking a tram or a public bus? After reading the survey we don’t have to worry, 40% answered Outstanding and 77.4% Good or Outstanding!

One out of two participants had noticed an article or interview on television/radio/newspaper in their home country about the Games. That tells us about very good international media coverage.

Finally, the LOC has done some calculations about how much money was spent per head during our visit to Sweden. Approximately 25 million SEK was spent by the participants in the 8-12 day period which was the most common period for the stay.

Göteborg, October 2011

Anders Olsson, President Local Organizing Committee
World Transplant Games 2011
Professor Shiro Takahara, MD
World Transplant Games Councillor

Professor Takahara was elected to serve as a World Transplant Games Councillor at the Games in Göteborg, Sweden this year.

He began his studies into the immunology of organ transplantation at Osaka University Graduate School of Medicine and after graduation he continued studying by specialising in the rejection in organ transplantation as a post doctoral scholar in Stanford University from 1990.

After returning home to Japan in 1993, Shiro began clinical training in kidney transplantation. At that time, organ donation from deceased donors was virtually unknown in Japan. In addition to working on basic and clinical organ transplantation research, Shiro also worked extensively to promote organ donation from deceased donors for more than 20 years in an effort to make a break-through in this area. The result was that an organ transplant Act was established in Japan in 1997 and later revised in 2009. A new law was then passed in 2010, which resulted in heart, liver, lung and pancreas transplantation from deceased donors increasing by more than five times in one year.

Shiro writes “There are a lot of problems in the Asian area with organ transplantation. I wished to become a WTGF Councillor to make organ transplantation develop soundly in Asian countries.”

Shiro feels that he will be able to contribute to WTGF in two main areas:

1. By promoting participation in the World Transplant Games from Asian countries. Shiro says “Although there is participation from Korea, Hong Kong and Japan at the Games, the awareness and participation from other countries is limited. I call to the transplantation medical experts in Asian countries to participate in the Games. The number of transplanted people in Asian countries is increasing but supply does not yet meet demand. The most effective way to increase organ donation from deceased donors is to make the general public understand that through transplantation, you can live a healthy and successful life. Participation in WTGF events is a very successful way of promoting this.”

2. By linking WTGF with other organizations for the promotion of organ donation worldwide. He writes “I’m on the Council of the International Society of Organ Donation and Procurement (ISODP), a sub-committee of The Transplantation Society (TTS), to promote organ transplant development. A joint enterprise between ISODP and WTGF has a high validity. I also chaired the 4th World Day for Organ Donation and Transplantation in 2008 at Osaka, Japan, through the Fair Transplant Foundation, an affiliated organisation of the World Health Organization (WHO). Fair Transplant Foundation holds the World Day for Organ Donation and Transplantation each year to promote donation especially from deceased donors. It would also be highly effective to consider a joint enterprise with Fair Transplant Foundation to develop the WTGF further.”

Shiro’s ultimate aim is to help to significantly increase the profile of the WTGF in order to increase awareness and promote organ transplantation all over the world.

“The number of transplanted people in Asian countries is increasing but supply does not yet meet demand”
The Summer Games always welcome a huge amount of people and many of us are thrilled to find our transplant friends from around the world every two years to catch up and celebrate the gift of life together. Those of you who have been attending the Games for many years look forward to coming to find your friends and to make new friends two years later.

However, when asked if they will be at the Winter Games, many say that they do not ski. Knowing how to ski is not a prerequisite for attending the Winter Games. Anyone can try their hand at curling, a team sport on the ice, and anyone can try snowshoeing. For the Nicholas Cup, for instance, every participant MUST be a beginner skier. These are the WTGF rules so if transplant children can come and learn to ski why don't you?

To encourage people to come to the Games and to make the Games an event for family and friends we have negotiated special prices for six day group ski lessons and for ski hire. We are also offering the nights of Saturday March 3rd and Friday March 9th free of charge in the participation package [please note meals are not included on these nights]. If you would like to come without the stress of competing, why not make these Games a family holiday in the snow and be a supporter and enjoy the breath-taking views of the Swiss Alps? For the Nicholas Cup we supply everything: all the ski equipment, helmets, clothes, gloves etc., as well as 24 hours surveillance with our experienced TACKERS team. We pick up participants from the airport upon arrival and take them back after the Games. With one registration free per country and CHF 500 for subsequent children, it’s a MUST for young transplantees aged 4-17 who have never had the chance to ski before.

With Anzère 2012 anything goes, so please visit our website: www.anzere2012.org and join the celebration of the Gift of Life in the Swiss Alps. (I’ll be 50 on the 10th so you had better all be there!)

Best wishes from the Swiss Alps.

Liz Schick, Vice-President WWTG Anzère 2012

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**Future Events**

**Winter World Transplant Games**

*4th - 9th March 2012 - Anzère*

*Never too late: not knowing how to ski is no excuse!*

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**World Transplant Games 2013**

*Durban, South Africa*

By the time that you receive this issue, we will be only nineteen months away from the World Transplant Games here in Durban. Having just been to Sweden, it really seems that time is starting to run away from us and we are already looking forward to welcoming old and new friends in 2013.

The Local Organising Committee is pleased to announce that we have now appointed Kim Reynard as the General Manager for the Games. Kim comes with almost 15 years of experience in the managing of events – her last major project was for the Soccer World Cup 2010 where she was responsible for the transport arrangements in Johannesburg and Durban. We are sure that all the Team Managers will find in Kim a really efficient and friendly source of information and we wish her every success as we plan for WTG2013. Kim’s email address is kim.renyard@wtg2013.com and she is looking forward to helping you with any queries.

In the next issue of TransWorld we will introduce the readers to Durban and South Africa and also give you more information about everything that will be happening here in Durban during the week of the greatest World Transplant Games ever - to be held for the first time on the beautiful continent of Africa. In the meantime make sure you visit our website: www.wtg2013.com

**Willie Uys**
Chairman, LOC Durban 2013
Organ transplanted children can actually do (almost) everything! In most cases their immediate families tend to think they are not capable of doing ordinary things like sporting activities and often the children are understandably overprotected. Visits to doctors and hospital stays require a lot of time which often results in a lack of opportunity for social contact. This is aggravated by the fact that often onset puberty can lead to a rebellion against feeling different to their peers and against their medical and parental authority.

In this situation the families (both parents and siblings) of transplanted children are challenged and sometimes overwhelmed as rebellion against the disease is particularly strong. Sometimes the children and young people fail to respect the need for their regular medication or behave in a way non-compliant with their transplanted organ. Approximately 40% of transplanted organs are lost in the transfer time between “children’s” medication and “adult’s” medication.

At this point the TX-Kids camp for 9-14-year old children and adolescents is available at Lake Müritz, Mecklenburg, Germany. In addition to the importance of outdoor education such as physical movement and sports and the creative activities working at crafts and shared tasks, another valuable element in our concept of the TX-Kids Camp are the age-appropriate workshops on the issues of compliance, nutrition and stress management.

In contrast to at home where the children are often the only transplant recipient in their family and school environments, at TX-Kids Camp they meet other transplanted children independently without their usual care-givers.

With this experimental education we want to strengthen the self-confidence and body awareness of our participants. We try sporting challenges, for example climbing, canoeing, etc. - challenges that are not everyday tasks. There are joint tasks to strengthen the team spirit, to show the children that everyone can bring their own talents to a group. Very important are the workshops which are led by professionals of the Müritz Clinic in Mecklenburg. Here our participants learn the fine line between age-appropriate lifestyle and responsible handling of their transplanted organ. Volunteers, some of whom are transplanted too, and employees of the Müritz-Klinik take care of our young guests.

After three years of TX-Kids camp, with the numbers of participants ever increasing (this year we hosted 18 children), we can say that the concept is proven and we have a steady demand. We will be offering the TX-Kids camp next year as well - for five to six days from 25th May 2012 and children from other countries are very welcome.

Katja Konwer
Wolfgang Ludwig
info@transdiaev.de
www.transdiaev.de
On the morning of 24th September 2011, 27 Chinese transplant recipients from various provinces reached the top of Mount Tai - the Southern Heavenly Gate. All of the recipients who participated have been transplanted for over 10 years. When they finally reached the summit they enjoyed the charming scenery of Mount Tai as normal healthy people, they felt more energetic and alive than ever.

Among those people the oldest was a “13 year old” (transplant age) man named Wu Jian who once had liver cirrhosis and almost died and is now enjoying travelling all over every corner of China as a healthy person. The oldest woman Zhang Shulan, with the new age of 12, now manages a department store in a university in Tianjin. Most of the transplant recipients choose to work after surgery and some of them have made great contributions to society. This unique group is getting not only bigger, but stronger.

This meaningful activity shows the great achievements that the Chinese Transplant world has made and marks Chinese transplant medical science itself as being “on top of the world”. Reaching the climax of Mount Tai, the group also brings the level of willpower and the wonder of being healthy to a climax!

Lei Chen
Chinese Society of Organ Transplant

Seven transplant survivors, dressed in specially designed t-shirts that depict their outlook after transplant, took to the catwalk at the Singhealth Transplant Awareness Roadshow on 27th August 2011 at Suntec City Mall, Singapore. They were joined by seven transplant professionals from Singhealth. The runaway show was to affirm that there is life after transplant.

These transplant survivors, modelling so confidently, are living proof that life goes on for the better after transplant. Their bright smiles and easy stride tell people that they appreciate the second chance at life that their transplants have given them.

In preparation for the show the transplant recipients and professionals underwent an hour-long crash course on cat walking and how to strike a pose and a smile for the camera.

The event aimed to raise awareness about the importance of organ and tissue donation among the public.

Janice Ho Tze Huay
Singapore

All participants will be able to show what is possible even after a heart or lung transplant - excellent promotion for organ donor awareness! The Local Organization Committee will give a platform for participants to meet each other and will ensure that you enjoy a marvelous Games. Many volunteers from the sport clubs in Apeldoorn are accustomed to arranging events and they are very enthusiastic to organise the Games. The beautiful hotels are situated in the woods and the lunches and dinners are already arranged. Beautiful excursions can be made for example to Amsterdam and to the Royal Palace ‘t Loo in Apeldoorn. The centre of the Games is the Omnisport, the multi-sport arena where the 2010 World Championships track cycling was held.

We look forward to seeing you on 27th of June 2012 in Apeldoorn.

André Lassooij, Chairman LOC Apeldoorn 2012
www.apeldoorn2012.com
In these times of global crisis, the functioning of Non Governmental Organisations (NGOs) such as the Slovenia Transplant Association are particularly constrained. However, we are trying to do our best and we are proud to report to the WTGF community on our successful agenda.

Despite the modest understanding for our work from the state of Slovenia we have managed to organise and perform a lot of events and activities. The various profiles of our work make us sure that our strategy is the right one and we strive to fulfill our goals. We are open and we wish to cooperate with other countries’ NGOs and federations to improve the position of our members and contribute to transplantation as a whole. However, at the moment, we can only afford a low cost model of cooperation.

We have arranged numerous events and sports for our members and others as follows:

- Winter sports day in Celje
- General Assembly and swimming in Lasko
- Summer meeting for all transplantees on the Adria
- Cycling in the Alps and on the Slovenian coast
- Four treks in the mountains
- Donation day in Ljubljana

All of our events are exceptionally well organized due to our members who we call “STARS” - this name was introduced this year. See our latest Transplant Journal at www.transplant.si. The programs at our events are both educational and recreational. Without exaggeration, we succeed in creating a superb and friendly atmosphere and the proof of this is in the increasing numbers of participants and volunteers. We see our efforts as a small contribution to a big puzzle that makes our world a better place to live in.

Anastazija Bizjak & Branko Mrak, Slovenian Transplant Association

Thank You ALL FANTASTIC PEOPLE!

I don’t remember who had the crazy idea first but it sounded something like this; “Hey... we had a fantastic time in Canada... wouldn’t it be great to have the Games in Sweden???” We all smiled to each other and nodded and said, “Yeah that’s a nice idea”. Then nothing happened for about a year and a half then someone said “But... seriously...???”

Now, four and a half years later, the Swedish LOC of the 18th World Transplant Games rests on its laurels and looks back at a fantastic week in Göteborg, Sweden. It is hard to put words to the feelings we had when we saw our friends from all over the world and from previous Games dropping in at Games Central at Svenska Mässan. You all came! To Göteborg! In Sweden!!

Suddenly the “crazy” idea was a reality.

The week went well, no doubt about it. Of course there were some glitches and mishaps, but that is only natural. In an event this big there’s nothing called smooth sailing. The thing to remember, though, is not to focus on the problems, but on the solutions. That is probably the best tip I can give to Willie Uys and his team for the 2013 Games in Durban, South Africa - and always remember to have fun.

I will also take the opportunity here to thank every one of our volunteers and all the people that worked extremely hard behind the scenes. These are the people you’ll never meet, but without whom the Games wouldn’t be possible.

I want you all to know that you made the cause of organ donation, focusing on the increasing need for organs and taking a stand about the future of your own organs. It was a success. In the week of the Games, the registrations to the Swedish donor register almost tripled compared to the same week 2010. YOU did this! Thank you!

Again, thank you all you fantastic people. You have shown for the Swedish people that transplantation works and that it is important to decide about one’s own organs. This is the main purpose of the World Transplant Games and you made the success happen.

See you in Durban 2013.

CJ Ahl

Transplant Games of America
July 28th – 31st, 2012 • Grand Rapids, Michigan • USA
www.TransplantGamesofAmerica.org
Crowds gathering for a great Opening Ceremony!

Cheering for their team

Handing over the WTGF flag to South Africa

Racing for the line

Javelin!

Patron of the 2011 Games - HRH Prince Daniel of Sweden with the Games mascots

Crowds gathering for a great Opening Ceremony!

The Swedish gold medal winners at Floorball

Patron of the 2011 Games - HRH Prince Daniel of Sweden with the Games mascots

18th WORLD TRANSPLANT GAMES 2011 GÖTEBORG SWEDEN
Marie Sverkersdotter, Simon Rowe and Junko Komatsu from Astellas - thank you for great support!

Lesley Neri - an honoured guest from the International Olympic Committee

President Olivier Coustere with the Team Managers

South African, Swiss and Australian youngsters enjoying the Games

Happy medal winners at Golf

Young friends at the Swedish Evening

Photos contributed by CJ Ahl, Gerald de Beer, Johan Gustavsson, Nico Zonneveld
Welcome New Member Countries

The World Transplant Games Federation was delighted by the presence of three new flags at the 2011 Opening Ceremony in Göteborg – Bhutan, Nepal and Lithuania. Tashi from Bhutan and Pashupati from Nepal are happy to share their experiences of the Games with you here – Lithuania is featured on page 19.

TASHI NAMGAY FROM BHUTAN
FIRST TIME AT THE GAMES

Breathing fresh air, walking in the cultured city and meeting with the friendly and caring people of Sweden seemed impossible for me but I made it due to the World Transplant Games Federation. Thank you so much for making it possible with so many opportunities. I got the chance to make many friends from many different countries. I was very lucky to represent my country for the first time at the World Transplant Games - fortunately in the incredibly beautiful Sweden.

Taking part in the World Transplant Games was a great opportunity for me. The Games were remarkable as everything was well organized. Thinking of my participation in track and field always reminds me here in my own country to continue good exercise and sports for next World Transplant Games. I didn’t win a medal, however, I am not sad as instead I won lots of love and caring hearts from different people which count for a lot to all human beings.

After landing back in Bhutan - the land of Gross National Happiness - I took the opportunity to share the inspiring photos and stories of the people from different countries. As most of the transplant recipients here in Bhutan hardly play sports, thinking that they shouldn’t participate because it is a heavy undertaking for them, we are now hoping to bring lots of changes within the country illustrating the benefit of sporting activities.

It was not possible to represent the World Transplant Games 2011 with a team, however, we are hoping to come up with a good team for the next World Transplant Games, Durban, South Africa in 2013. So a message to all my friends, “Everything is possible in life”! See you soon.

PASHUPATI KUNWAR FROM NEPAL
MEMORIES OF SWEDEN 2011

I was nominated by the Aarogya Foundation, a charitable organization in Nepal which actively works to promote organ donation and transplantation, following my performances in the 2010 and 2011 Nepal Transplant Games to take part in the World Transplant Games in Sweden.

Thanks to the WTGF, for the first time Nepal was able to participate in a World Transplant Games. I had the opportunity to represent this Himalayan country and I took on this responsibility with full joy and pride. I had never travelled abroad in my life before. The hospitality of WTGF was excellent and the venue was very well organized. I met with athletes and supporters from all 50 participating countries and we shared our feelings and views with each other - although I do not have brilliant English. My new Bhutanese friend Tashi, who could speak Nepali, was immensely helpful to me in overcoming the language barrier. With Nepal being landlocked country, I had never seen an ocean before and I was so happy to see it and do some travelling in ship. I also have all my memories of visiting different places and monuments while being there.

At the Opening Ceremony I wore the Nepalese national dress and carried Nepal’s flag with pride. Although I did not win a medal, the organising committee awarded me with 5000SEK to help with costs and I am thankful to them. Competing with so many athletes, both men and women, with a similar history of organ failure and transplantation from so many countries made me very proud and helped me to forget my difficult times in the past. I have now started living a new life which is no different than one without organ failure.

I enjoyed the wonderful weather of Sweden and I will never forget my memories of Göteborg from where the organizing committee saw me leave for home. I reached home safely and met Dr. Pukar Shrestha who did all the hard work to make my participation in the World Transplant Games possible, making history in Nepal.
The WTGF Outstanding Athlete Award was awarded for the second time in our history to a man and a woman nominated by their team manager and selected by the Judiciary Committee using the following criteria:

- Performance (number of medals won)
- Quality (strength of competition)
- Diversity (achievements in multiple sports)
- Sportsmanship

For the first time this year the WTGF Outstanding Junior Athlete Awards were also presented using the same criteria.

**Outstanding Athlete - Men**
George Newman from the United Kingdom – kidney recipient.

**Outstanding Athlete - Women**
Tracy Copeland from the United States – liver recipient.

**Outstanding Junior Athlete - Boys**
Matthew Salkeld from the United Kingdom, a 17 year old liver recipient.

**Outstanding Junior Athlete - Girls**
Kelly Young from the United Kingdom also a liver recipient aged 17.

The **Maurice Slapak Award** for the 5km Road race was won by the team from the UK – Ian Brannigan, Matthew Salkeld and Peter Murray.

The **Peter Griffin Award** for the Men’s Swimming Relay was also presented to the UK team – Matthew Dodd, George Newman, Jason Smit and Ran Pulik.

Olivier Coustere, President of WTGF also presented two very special gifts of thanks and appreciation from the Federation to Anders Olssen, the Chairman of the 2011 Local Organising Committee and Håkan Gabel, the Chief Medical Director for the 2011 Games, both of whom worked tirelessly to make the Games a great success.

Olivier Coustere with Anders
President Olivier Coustere with Anders
Håkan receiving his recognition

Outstanding Athlete - Men
George Newman from the United Kingdom – kidney recipient.
We are pleased to announce the new World Transplant Games record performances set in Göteborg 2011. Congratulations to all record breakers! For all other World Records please see the WTGF website www.wtgf.org.

### Track and Field – Men

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<td>100m</td>
<td>40-49</td>
<td>11.99 Xavier Lacosta</td>
<td>SPAIN</td>
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<tr>
<td>200m</td>
<td>70+</td>
<td>57.45 Saul Guarino</td>
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<td>400m</td>
<td>18-29</td>
<td>52.90 Montague Summers</td>
<td>AUSTRALIA</td>
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<td>57.81</td>
<td>Michael Gohdes</td>
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<td>Michael Foster</td>
<td>UK</td>
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<td>800m</td>
<td>50-59</td>
<td>2:13.81 Joan Juez</td>
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<td>40-49</td>
<td>25:29.72 Izquat Venyercsan</td>
<td>HUNGARY</td>
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### Javelin

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</tr>
<tr>
<td>60-69</td>
<td>19:63</td>
<td>Robert Gent</td>
<td>USA</td>
</tr>
<tr>
<td>70+</td>
<td>20:56</td>
<td>John Anderson</td>
<td>USA</td>
</tr>
</tbody>
</table>

### Long Jump

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Result</th>
<th>Name</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>40-49</td>
<td>6:42</td>
<td>Xavier Lacosta</td>
<td>SPAIN</td>
</tr>
<tr>
<td>50-59</td>
<td>5:16</td>
<td>George Thumer</td>
<td>ITALY</td>
</tr>
</tbody>
</table>

### Ball throw

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Result</th>
<th>Name</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>70+</td>
<td>36:73</td>
<td>Terence Donovan</td>
<td>AUSTRALIA</td>
</tr>
</tbody>
</table>

### Swimming Events – Men (25 Metre Pool)*

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Result</th>
<th>Name</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>50m Freestyle</td>
<td>60-69</td>
<td>33:52 William Noble</td>
<td>UK</td>
</tr>
<tr>
<td>100m Freestyle</td>
<td>60-69</td>
<td>1:13:79 Sephehr Sepasi</td>
<td>IRAN</td>
</tr>
<tr>
<td>200m Freestyle</td>
<td>60-69</td>
<td>2:19:77 George Newman</td>
<td>UK</td>
</tr>
</tbody>
</table>

### Track and Field – Women

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Result</th>
<th>Name</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>100m</td>
<td>50-59</td>
<td>14.42 Tuija Helander</td>
<td>FINLAND</td>
</tr>
<tr>
<td>200m</td>
<td>50-59</td>
<td>28.73 Tuija Helander</td>
<td>FINLAND</td>
</tr>
<tr>
<td>400m</td>
<td>30-39</td>
<td>1:08.31 Orla Smyth</td>
<td>UK</td>
</tr>
<tr>
<td>50-59</td>
<td>1:28.84</td>
<td>Elvira Mendibiluru</td>
<td>ARGENTINA</td>
</tr>
<tr>
<td>60-69</td>
<td>1:07:16</td>
<td>Joan Bell</td>
<td>UK</td>
</tr>
<tr>
<td>800m</td>
<td>30-39</td>
<td>2:30.10 Orla Smyth</td>
<td>UK</td>
</tr>
<tr>
<td>60-69</td>
<td>3:59:13</td>
<td>Joan Bell</td>
<td>UK</td>
</tr>
<tr>
<td>1500m</td>
<td>30-39</td>
<td>5:37:46 Orla Smyth</td>
<td>UK</td>
</tr>
<tr>
<td>50-59</td>
<td>1:14.52</td>
<td>Elvira Mendibiluru</td>
<td>ARGENTINA</td>
</tr>
<tr>
<td>50m Breaststroke</td>
<td>40-49</td>
<td>38:32 Ran Pull</td>
<td>UK</td>
</tr>
<tr>
<td>4x50m Freestyle</td>
<td></td>
<td>1:58:71</td>
<td></td>
</tr>
</tbody>
</table>

We are pleased to announce the new World Transplant Games record performances set in Göteborg 2011. Congratulations to all record breakers! For all other World Records please see the WTGF website www.wtgf.org.
### NEW WORLD RECORDS

#### SWIMMING EVENTS - WOMEN (25 Metre Pool)*

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Result</th>
<th>Name</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>25m Freestyle</td>
<td>50.59</td>
<td>Wendy Sincock</td>
<td>UK</td>
</tr>
<tr>
<td>50m Breaststroke</td>
<td>40.49</td>
<td>Juli Berente</td>
<td>HUNGARY</td>
</tr>
<tr>
<td>100m Breaststroke</td>
<td>50.59</td>
<td>Allegra Martin</td>
<td>UK</td>
</tr>
<tr>
<td>50m Butterfly</td>
<td>50.59</td>
<td>Kate Backhouse</td>
<td>AUSTRALIA</td>
</tr>
<tr>
<td>200m Individual Medley</td>
<td>18:29</td>
<td>Simone Bauer</td>
<td>GERMANY</td>
</tr>
<tr>
<td>4 x 50m Freestyle</td>
<td>2:18.85</td>
<td>Susan Barr</td>
<td>UK</td>
</tr>
<tr>
<td>4 x 50m Medley</td>
<td>2:38.66</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### SWIMMING EVENTS - BOYS (25 Metre Pool)*

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Result</th>
<th>Name</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>25m Freestyle</td>
<td>68</td>
<td>Nicolas Petrou</td>
<td>CYPRUS</td>
</tr>
<tr>
<td>50m Breaststroke</td>
<td>48.25</td>
<td>Judit Berente</td>
<td>HUNGARY</td>
</tr>
<tr>
<td>100m Breaststroke</td>
<td>52.62</td>
<td>Allegra Martin</td>
<td>UK</td>
</tr>
<tr>
<td>50m Butterfly</td>
<td>49.38</td>
<td>Kate Backhouse</td>
<td>AUSTRALIA</td>
</tr>
<tr>
<td>200m Individual Medley</td>
<td>3:05.99</td>
<td>Wendy Krugge</td>
<td>NETHERLANDS</td>
</tr>
<tr>
<td>4 x 50m Freestyle</td>
<td>2:18.85</td>
<td>Susan Barr</td>
<td>UK</td>
</tr>
<tr>
<td>4 x 50m Medley</td>
<td>2:38.66</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### SWIMMING EVENTS - GIRLS (25 Metre Pool)*

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Result</th>
<th>Name</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>25m Freestyle</td>
<td>9:11</td>
<td>Johanna Doornbos</td>
<td>NETHERLANDS</td>
</tr>
<tr>
<td>50m Freestyle</td>
<td>50.59</td>
<td>Nicole Mackenzie</td>
<td>UK</td>
</tr>
<tr>
<td>25m Breaststroke</td>
<td>24.13</td>
<td>Johanna Doornbos</td>
<td>NETHERLANDS</td>
</tr>
<tr>
<td>50m Breaststroke</td>
<td>41.99</td>
<td>Nicole Mackenzie</td>
<td>UK</td>
</tr>
<tr>
<td>25m Butterfly</td>
<td>41.70</td>
<td>Nicole Mackenzie</td>
<td>UK</td>
</tr>
<tr>
<td>50m Butterfly</td>
<td>36.18</td>
<td>Kelly Young</td>
<td>UK</td>
</tr>
</tbody>
</table>

*Please note, the World Games does not often use a short course in swimming therefore many of the performances this year set a new short course record.
“THE ROLE OF THE WTGF IN GLOBALISATION OF TRANSPLANTATION AND WORLD HEALTH”

Introduction
Globalisation is a world movement where “not for profit” organisations such as UN, WHO, UNESCO, IOC and the WTGF work together to contribute to improvement in freedom, health, education and quality of life of all people of the world beyond the work of nations. With globalisation, arise many benefits, which include fulfilment of expectations of morals, ethics, standards of care, safety and prevention of risk (e.g., Prevention of organ trafficking and vaccinations).

Current WTGF Initiatives
The WTGF authorities wish to provide international Games which meet all expectations of athletes, authorities and world administrations. In anticipation of increasing competitiveness and the increasing expectations of transplant athletes, the WTGF is undertaking dialogue with authorities representing the IOC and as a direct consequence also, World Anti-Doping Agency (WADA). These initiatives, if successful, will ensure that all recipients will have the potential to compete in any sport without prejudice, with safety and with the full understanding of the sporting authorities. This standardisation will ensure that World Games and National Games meet all expectations of recipients, family and carers. Undoubtedly, the WTGF is obliged to work to prevent bias against and discouragement of recipients in sport.

Risks
The WTGF authorities recognise that the above initiatives must be undertaken with the understanding that the engagement with other world authorities may lead to challenging costs, possible discouragement of athletes through unreasonable administration or unauthorised alteration of medication by recipients through a misunderstanding of WADA guidelines. In every undertaking the WTGF negotiators will work to ensure that the sporting bodies recognise the uniqueness of the transplant athlete.

Risk Management
Direct contact with the senior WADA authorities is progressing with the specific tasks of ensuring full understanding of the unique challenges which the transplant recipient will face in pursuing sporting activities for leisure, joy, health, donor awareness and transplant promotion. The WTGF authorities are unwilling to progress any formal conditions for recipients unless there are clear statements from WADA that will ensure that a recipient will neither be discouraged from competing nor encouraged to modify in any way life and organ saving essential medication.

Benefits
Benefits of participation of WTGF in globalisation of sports management include the improvement in the safety of Games, improvement in the standards of organisation, increase in financial support, elimination of prejudice against recipients, increase in public awareness and facilitation of recipient participation in high quality sporting activities.

Recommendations
The WTGF authorities recommend that recipients access the WADA website to evaluate the current information for recipients, which was in place when Chris Klug won an Olympic Medal at the Salt Lake City Winter Games. Recipients should also make themselves aware of the range of drugs which will require application for therapeutic drug exemption certificates (TUE).

Future
The WTGF authorities are continuing to consider engaging WADA principles in future World Games. However, these initiatives will only be undertaken when all identifiable risks have appropriate controls in place. This is likely to require a thorough detailed comprehensive and appropriately worded educational document in all major languages of the WTGF member countries. This information will be circulated to athletes, team managers, games organisers, transplant medical organisations and most importantly the recipient carers.

Responsibilities
The responsible officers undertaking the above initiatives include the President and the Secretary of WTGF, the Chair of WADA committee, the Chair of the International Sports Medicine Transplant committee and the Chair and all members of the medical committee of WTGF. WTGF has recently launched an International Medical Sport and Transplant committee which includes representatives from each of the above groups as well as outside medical professionals.

Recipient Athlete Therapeutics
At all times the recipient athlete should accept guidance for therapy ONLY from the responsible transplant physician who supervises the anti-rejection therapy.

Feedback
The WTGF Councillors would appreciate feedback on concerns about athlete doping, unfair advantages, dangerous practices or on proposals to meet the guidelines, which could be introduced for screening purposes. Please address your concerns to the author of this report c/o World Transplant Games Federation wtgf@wtgf.org.

Dr Daryl Wall
Chairman of WTGF Medical Committee
A few days ago I found myself thinking about my life. Then I remembered the difficult days when I was attending college in 1985 and was diagnosed with focal segmental glomerulosclerosis (FSGS) and my health reached its worst state taking me to sections of hemodialysis in 1997.

At that time my sister Salete gave me one of her kidneys.

It became clear to me that there are things in life that have no price or measure. Only love is capable of some gestures. My sister gave me back my dreams that were lost in the hemodialysis sessions, when I no longer had the strength to play sports and pursuing my profession of engineer was impossible.

A new life began and at that moment I was inspired by the spectacular example of another Brazilian named Gustavo Kuerten. While I was undergoing dialysis sessions, I saw him win the trophy at Roland Garros, the French Open Tennis Championship. Since he was from a country of few traditions in tennis, reaching the top was certainly an example to me of determination and overcoming.

After the transplant I thought then that I was in debt and I thought of a way to repay all that I had received. I decided I would use sport through the World Transplant Games to promote organ donation and also to give those that are still waiting for a transplant a hope of new life. The sport I chose? Tennis for sure.

Since then I have always been trying to promote the World Transplant Games in my country. I have been to several government offices, offering myself to participate into organ donation campaigns - many times without success but always bringing a lot of determination.

Finally in 2011, 14 years after my transplant and the first Kuerten title at Roland Garros, I won with my partner Edson Arakaki, a bronze medal in doubles in Gothenburg. So, many doors opened for me and my example came to several people, but in none of my dreams would have I imagined it would go so far. A report on television was seen by Kuerten that said that “just as he was an example for my life, I also came to be an example for him.”

I felt then that it was all worth it. My mission to promote organ donation and transplantation through sports would have been unimaginable when I started. I was also now, an example of determination and overcoming.

So, I thought how life has been generous with me. At that moment I was with my wife Ana, looking at my children Raphael 10 years old, Gabriel 7 and Guilherme 5 who were playing in the park. I saw there the greatest gift I had received from my sister. In addition to my life, those three little lives, Raphael and Gabriel trying manoeuvres in skateboarding and Guilherme riding his small and “powerful” bicycle.

Then I saw that more than an example to other people, I was an example to my kids and I thought to myself that it was my biggest victory.

At that moment, it was impossible for me to avoid the tears.

So, I called my sister who lives 1000km from my town and told her just one short sentence:

Thank you for life.
First successful heart-lung transplant was performed 30 years ago in California, USA in 1981

INTER-RELIGIOUS SERVICE AT GÖTEBORG CATHEDRAL
A service of thanksgiving for organ donation

An uplifting and moving inter-religious service was held in Göteborg Cathedral on Sunday 19th June during the 2011 World Transplant Games.

The ceremony began with introductory and welcoming speeches from local hospital chaplain Daniel Brattgard and Bishop Carl-Axel Aurelius who welcomed transplanted athletes, donors, donor families and supporters of the Games from all over the world. Representatives of some of the major world religions each gave appropriate and moving addresses and the Göteborg Cathedral Youth Choir enchanted the congregation with their beautiful voices. The music was glorious, in particular the soft flute played by Kristina Olsson Alakar, daughter of the Games Chairman, Anders Olsson.

Prayers were recited by all the religious ministers and poignant speeches made by Jill Jingbrant, the mother of a recently deceased young man whose organs were donated and Monica Pedersen who donated a kidney to her husband. One minute’s silence was held in their honour, which was followed by the reading of a beautiful poem ‘To remember me - I will live forever’ by Robert N. Test (1926-1994) - a short excerpt is reproduced here.

“This tree grows in the memory of those who have donated organs to make it possible for others to live good lives

“Give my sight to the man who has never seen a sunrise, a baby’s face or love in the eyes of a woman.
Give my heart to a person whose own heart has caused nothing but endless days of pain.
Give my blood to the teenager who was pulled from the wreckage of his car, so that he might live to see his grandchildren play.
Give my kidneys to the one who depends on a machine to exist from week to week.
If you must bury something, let it be my faults, my weaknesses and all prejudice against my fellow man.”

This very moving and uplifting afternoon ended with a ceremony in the Cathedral garden where a plaque was unveiled in thanksgiving and in honour.

It has now been six months since we met our friends, old and new, in Sweden. We were very happy to see new flags from Bhutan and Nepal and also welcome Lithuania to the Games for the first time.

Our time spent in Sweden went far too quickly, from the wonderful Opening Ceremony to the informal and unusual Swedish Evening. The sun didn’t manage to shine very much but the athletes, supporters and donor families appeared so happy that it didn’t seem to matter at all.

Behind the scenes at the Games the WTGF Secretariat is kept busy all week, engaged with meetings of the Council, organising the General Assembly and generally assisting the Executive in the administration of the Federation. There is always such a lot to do that we were extremely grateful this year to our dear friend Jan Wall from Australia who volunteered to help us. Thank you Jan!

Sweden is already moving into the WTGF archives! The snow, the sun, the fun and the ski await us all in Anzère!

South Africa is on the horizon!

Best wishes for a happy and healthy 2012.

Mary Twomey and Karen Cole
WTGF Secretariat
Lithuania, which is similar in size to two Netherlands and in population (3 million) like an average Chinese town, is situated near the Baltic Sea. Twenty years ago it regained independence from the Soviet Union and still Lithuania is trying to prove that it isn’t a part of Russia and the Lithuanian language is not at all similar to the Russian language.

The Lithuanian Kidney Patients’ Association GYVASTIS (which translates as “life”) was founded almost straight after the restoration of Lithuania’s independence in 1993. At first GYVASTIS united only patients on dialysis treatment and following kidney transplantation but the ranks were soon joined by people with heart, liver, and lung transplantations.

Lithuania right now has about 1500 patients on dialysis treatment, of which 213 are on the waiting list. Around 90 are waiting for other organs and about 200 for cornea transplantation. Approximately 700 patients live with a transplanted organ, of these 600 are kidney recipients. Kidney transplantations were started in 1970, heart in 1987, liver in 1990 and kidney-pancreas and heart-lungs transplantations first took place only a couple of years ago.

GYVASTIS actively promotes organ donation, represents patients’ rights and holds educational activities.

GYVASTIS organized the first Games about 15 years ago with patients competing in table tennis, badminton, shooting, running, and arm wrestling events. The next Games were held in 2008 and from then have been organised every year. The GYVASTIS Games are a more social and organ promotion event than a sport event. The most popular Lithuanian basketball club was invited to the 2008 Games and their support for organ donation helped attract huge media attention - not a single Games is held without basketball which is very popular in Lithuania and is even called the second religion. The Games are run without any set rules with not only serious but also fun events. Participants include transplant recipients, dialysis patients and family members.

GYVASTIS joined the European Kidney Patients’ Federation in 1993 and found about the World Games about 10 years ago. We were discouraged by the fact that they were held in other continents, for example, the price of a plane ticket to Canada was more than 10 times the size of the social allowance in Lithuania at that time. Strict rules and lots of documents were also a serious obstacle.

Even when we attended international transplant patients meetings we used to be asked “Will you come to the World Games?” We were not ready until we got an official invitation from Federation this year. There were doubts even this time. First of all the cost, to get this kind of financial support in Lithuania is almost impossible and it is felt that the fees associated should be an organization’s concern. Also our board’s opinion is very strict – why spend lots of money for a few people when we can do much more for lots of patients? But the idea of going to the World Games was very intriguing because they were to be held in Sweden, which is quite close – only on the other side of the Baltic Sea.

So with the help of one municipality and the pharmaceutical companies Novartis and Roche, three Lithuanian representatives came to Sweden. Our main purpose was to get a lot of information and we did not anticipate feeling the magical Games spirit, the emotion of carrying our country’s flag and the emotion of being with transplant patients from all over the world.

To the question of the WTGF President Olivier Coustere in Goteborg: “A big team from Lithuania in Durban?” I answered “Maybe, who knows?” and skeptically thought “Where? To South Africa? Are you kidding me?” The tickets alone cost around five average salaries. However wonderful memories inspire us and thoughts about Durban seem to be not quite so unreal. Even more so that among my Facebook friends there is a person responsible for the WTG in Durban – Willie Uys.

Ugnė Šakūnienė (Ugne Sakuniene)
President of the Lithuanian Association GYVASTIS

Ugne Sakuniene and Vitas Jablonskis with the Lithuanian flag in Sweden 2011
At Astellas Transplant, we work in partnership with the transplant community with the goal of improving the quality of patients’ lives.

We understand the dramatic impact transplantation can have not only on donors and recipients, but on every life that transplant recipients touch. We are pleased to support patients as they celebrate their successes through the World Transplant Games Federation (WTGF) and Transplant Adventure Camps for Kids (TACKERS).

WTGF and TACKERS help create an environment of shared experiences in which transplant recipients and their families’ lives can flourish, while also working to raise public awareness of the success of transplantation and the amazing difference organ donation can make. We are proud to provide ongoing funding and volunteer support to help make these events possible.

Proud sponsor of WTGF and TACKERS