World Transplant Games Federation

Rules for the Sports of the 2018 Winter World Transplant Games

Revised 2017, October 28
Conditions of Entry

Entry is open to all recipients of life supporting allografts and hemopoietic cell transplants from other individuals or species which require or have required the use of immunosuppressive drug therapies. Competitors must have been transplanted for at least 1 year, with stable graft function, be medically fit and have trained for the events in which they have entered. If a potential competitor has been transplanted for at least 6 months, with stable graft function, has been training and has permission from his own doctor, his entry may be considered by the WTGF medical committee and be allowed.

Ideally, each nation will have selected its best competitors and ensure that they are medically fit, without significant complications of chronic organ failure or immunosuppressive therapy. Before competing, each competitor must send back a “waiver” form with his sport registration, which states that he has knowledge of the rules and of the difficulties of the event and of the medical requirements of the WTG. In addition, all forms, including a WTGF medical certificate and a statement by participant form for each competitor, must be submitted at least one month before the start of the Games. The medical certificates will be reviewed by a representative of the WTGF and, if deemed unsatisfactory, that competitor may be barred from competition. The medical certificate must be fully filled out and signed by a transplant doctor.

Competitors of one nationality who live permanently in another country may compete for their country of permanent residence if they wish. Competitors who have been transplanted in a country other than their country of permanent residence may compete for the country where they were transplanted if that team agrees to accept them. Competitors may not switch once a decision is made except if one of the two conditions above changes.

Competitors are expected to understand and be familiar with the WTGF Rules for the Winter World Games and for their sport. At all times, participants must respect the etiquette and traditions of the sport/discipline. This includes being properly dressed and equipped and conducting themselves in a sportsmanlike manner.

All registration materials must be reviewed by the team manager prior to submission.

Entry forms must include a declaration signed by each competitor that he/she is fit and has trained for the events entered.

Age Groups

**Athletes** will compete by gender in the following age groups: 18-29, 30-39, 40-49, 50-59, 60-69 and 70 and over. Age on the day of the Opening Ceremony of the Games will apply.

**Juniors** age groups: 8-11 years, 12-14 years and 15-17 years. Juniors from 15-17 years are permitted to compete in the adult age event.

Events for Teams and Living Donor / Donor families don’t have age-categories.

Competitor numbers or identifications for each age group should be identified by a distinct colour so that competitors will be able to easily determine each other’s age group during competition.

* Look for the Junior events during WWTG Anzère on page 15!
Medals

Medals are awarded to the top three competitors in each age group. A competitor must be deemed to have competed according to the rules of his sport in order to earn a medal.

In events which involved classification before competition, duplicate bronze medals will be awarded to both losing semi-finalists, unless there is a means to clearly classify the competitors prior to the start of the elimination round(s) or if it is possible to determine the medallists by competition.

Living Donor/Donor Family and other Registered Supporters

Living Donor/Donor Family and supporters may compete in Giant Slalom, Snow shoe 2km, Cross Country*.

The Living Donor/Donor Family division is an open division and will not be categorized by age, only by gender.

Living donors must be nine months post-donation. If a living donor competitor is at least 6 months post-procedure, with stable graft function, has been training and has permission from his own doctor, his entry may be considered by the WTGF medical committee and be allowed. All competitors must be medically approved by their physician to compete.

Special designed medals for Living Donor/Donor Family: Gold, Silver and Bronze for all events in men and women, and medals for all other donor participators. Supporters will not participate in the medal ceremonies.

* During WWTG Living Donor/Donor Family and other Registered Supporters are allowed to participate in all events.

Entrants

Athletes will be allowed to enter a total of five events. Athletes may not enter events that take place at the same time and in different venues. Failure of an athlete to appear at any event when called will result in the athlete being scratched or eliminated from that competition. There will be no appeal of any disqualification for failure to appear.

For team events, each team must consist of members from one nation only. Countries are allowed to enter two teams in any team event.

After the registration is duly completed, an athlete cannot withdraw from one event in order to compete in another.

Heat lists must be issued at least 24 hours prior to the events taking place (ideally at the Team Manager Meeting) held two days prior to the event in order that the entries may be checked.

Seeding

Seeding should be used in all events to ensure the fairest competition possible.

In all events, to insure the fairest competition possible, the entries should be formatted using standard procedures. The following factors should be considered (in this order):
1. medallists from the previous Winter World Games;
2. performances from the previous national games (in evaluating national games, the strength of the competition - quality and size -should be considered);
3. other relevant information.

Duties of participants

Participants are expected to know the rules of their events and the rules of the Winter World Transplant Games.

Participants are not allowed to interfere with the officiating of races at any time.

Participants are responsible for checking with their team manager to receive updates on events and other activities.

Duties of Team Managers

The Team Managers and Trainers are obliged to participate and attend the scheduled meetings arranged for them by the jury.

Team Managers must make sure that athletes are properly registered in his or her events and that they receive all relevant information regarding these events as communicated by Race Organizers during team manager meetings.

Team Managers are responsible for informing Race Management in the event that a competitor wishes to drop an event as soon as possible and no later than one hour before the start of the race.

In the event of discrepancy, the Team Manager is the only representative that can formally submit a protest to Race Management regarding his or her competitor. Manager must follow official protest procedures.

Competition Rules

Competition in the Winter World Transplant Games is governed by the rules of the Fédération Internationale de Ski (“FIS”) (http://www.fis-ski.com/uk/rulesandpublications.html), except as modified herein.
RULES SPECIFIC TO ALPINE SKIING RACES

Equipment

Helmets
Helmets are obligatory in all alpine races. If a competitor refuses to wear a helmet he will not be allowed to start.

Skis
The skis length for each event is up to each competitor’s choice.

Results

Unofficial times
The chronometric times are made public and are unofficial times. Unofficial placings are made and placed on a notice board. This notice board must be placed in a position so that it is clearly visible in the competitors’ enclosure and to the Press at the start. If possible these unofficial times should be made known to the public by a public address system also.

As soon as possible after the completion of the run the unofficial times and any disqualifications will be posted on the Official Notice Board and, if possible, at the start. Competitors have 30 minutes to file a protest should they feel an error has been made.

Official results
The official results will be realised from the times of the competitors that have not been disqualified.

Group draws and starting orders
Women shall compete before men. The starting order shall be 17 and under competitors, and then competitors age groups from oldest to youngest.

In the events where there are two heats the start of the second heat will be determined by the order of the first heat except for the first fifteen. For the first fifteen the starting order will be fixed as follows:
- the person placed 15th. will go First
- the person placed 14th. will go Second
- the person placed 13th. will go Third
- the person placed 12th. will go Fourth
- the person placed 1st. will go Fifteenth
- from the 16th. place on they will go in the same order as the first heat.

If there are competitors with identical times, the competitor with the lowest competitors’ number will go first. For example, if there are a number of competitors in 15th place, the competitor with the lowest number will go first on the 15th place order.

In the case where there are less than 15 competitors in the event and the second heat will have the same number as the first heat, the principle of the starting order of the second heat is not altered.
Interference

A competitor interfered with either by ski run personnel, a spectator, an animal or any other obstruction can ask the jury immediately to have the authorisation to retake his start. This request can also be made by the Team Manager on behalf of his team member. The competitor must stop his run and leave the course immediately at the place of the incident, he must not continue to pass on down through the gates.

In particular circumstances e.g. gates missing or something else lacking, the jury can authorise a rerun.

Causes of interference

- Obstruction of the run by ski run personnel, a spectator, an animal or any other obstacle
- Obstruction of the run by a fallen competitor who has not been able to leave the course quickly enough.
- Objects on the run such as skis or sticks lost or abandoned by other competitors.
- Interference due to the presence of first aid officials.
- Absence of a gate knocked down by a competitor and not replaced in time.
- Any other similar independent incidents which interfere with the capacity of the competitor and consequently have the effect of either slowing down his run appreciably or lengthening his course, or both, and thus interfering with his results.
- Break down of the chronometer.

Validating reruns

If it is not possible for the referee, or member of the jury, to question the ski run personnel that was witness to the alleged incident in order to judge the validity of a request at that very moment he can authorise a provisional second run in order not to cause delays. The second run will be validated (or not as the case may be) as soon as the jury can confirm that interference did occur.

If a competitor was already disqualified for some other reason before the incident of interference which justifies a rerun, the second run will not be deemed valid.

The time of the second run, whether authorised provisionally or definitively, will be the time taken as official even if it is a longer time taken than that of the original interrupted run.

If the request for a rerun is deemed unjustified the competitor in question will be disqualified.

Appeals and protests

Team managers must file protests within 30 minutes of the incident or the posting of unofficial results. The protest must be accompanied by a fee equivalent to €50, such fee to be returned if the protest is upheld.

Complaint against the course of an event

If a Team Manager disapproves of the course for a certain event, he can ask for it to be reviewed before the start of the event. The complaint is put to the Judiciary Committee and they will listen to the arguments of the Team Manager and will decide if there is justification or not for modifying the course for the event. The Judiciary Committee decision is final.
Disqualifications

A competitor will be disqualified by the jury on the request of one of its members for infringements including but not limited to:
- if he comes late to the start, if he makes a false start or if he contravenes any starting regulations.
- if he does not cross the line between the interior posts of the gate with the two tips of the skis and his two feet.
- if he does not finish the full course or does not cross the finishing line.
- if he accepts any outside help of any description during the course of the event.
- if he does not give way to another competitor who wants to overtake on their first request or if he interferes with another competitor in any way.
- if he requests a rerun incorrectly and the request is judged invalid.

Inspection of the course

When inspecting the course, the competitor must find the run in a state ready for competition. Competitors should not be interrupted during their inspection of the course by people working on the run. The jury will decide exactly how this inspection is carried out.

1) the competitor must always wear his competitors number
2) the competitor must not descend on the tracks prepared for the event or pass through the gates
3) the competitor must not go on the run without skis i.e. on foot.

A run in close proximity to the starting zone should be put at the competitors’ disposal for warming up.

The slalom

The Slalom must always be performed in two heats and on two different courses. The two tracks are to be completed one after the other, in an order to be decided by the jury. For the slalom the minimum time per heat should be around 30 seconds and the recommended average height around 175 meters.

The parallel slalom

During the WWTG Anzère, snowboarders can take part to Parallel Slalom*. *For discussion for next WWTG.

The Parallel Slalom is staged as a head-to-head competition with the winner of each race advancing to the next round. Pairings are determined by seeding the competitors based on the results of the Slalom race. If a competitor did not enter the Slalom or did not finish the Slalom for any reason, he is seeded after all of the competitors who have been ranked.

For the parallel slalom, the course should require 10-15 seconds to complete and the recommended average height is 40 meters.

The competitor who is disqualified in, or who does not finish the first run of a heat will start the second run with a penalty time. The competitor who is disqualified in, or does not finish the second run of a heat is eliminated. If both competitors do not finish the second run, the result of the first run counts. If both were disqualified or did not finish the first run, the competitor who skied the furthest distance in the second run will advance to the next round. In case of a tie after two runs, the result of the first run count.

The maximum penalty time will be 5% best time. In all cases the maximum time difference for the first run of each pairing can never be higher than the penalty time. If both competitors are tied after the second run the competitor who wins the second run advances to the next round. If both competitors are disqualified in the second run the competitor who skied the furthest distance
before disqualification advances. If both competitors are disqualified at the same gate in the second run then the competitor who won the first run will advance.

During the WWTG Anzère the Parallel Slalom will be a fun event for Team Managers.
*For discussion for next WWTG!

The Giant Slalom

The Giant Slalom must always be performed in two heats and on two different courses. The two tracks are to be completed, one after the other, in an order to be decided by the jury.

For the Giant slalom the minimum time per heat should be around 55 seconds and the recommended average height around 275 meters.

The Super G

The Super G must be performed on one heat only, with an inspection one hour before the start. The minimum time should be around 75 seconds and the recommended average height around 450 meters.

Slalom team event (virtual)

Each team must consist of members from one nation only. Countries are allowed to enter two teams max. For the Slalom Team Event, each country can have up to two teams of 5 (men and women combined). However, a team which cannot field 5 but has a minimum of 3 members will be able to compete. The team score is the total of the three best times.

The slalom team event is not an additional event. It is the individual slalom event from which individual AND team results will be issued.

Snowboard event

The same start as for Slalom - a race of approximately 105m and 18 gates - making 2 runs of approx. 50 seconds.

Schuss 150m

*Will be for discussion for next WWTG!
RULES SPECIFIC TO CROSS COUNTRY SKIING

Technique authorised: classical
*Skating technique will by for discussion for next WWTG!

The Classical Technique is composed of the diagonal step, the two stick technique, the herring bone technique without the gliding phase, downhill descents and changes of direction. Single and Double skating is prohibited.

There will be a mass start for the 5K* and the one hour event. For the one hour event, competitors will be pre-positioned according to their finish position in the 5K*. Competitors who have not competed in the 5K* and who are not seeded in the event will be placed after the ranked competitors ranked by bib number.

* During WWTG Anzère the distance is not 5 but 3K.

Competitors must follow the marked course from start to finish, must pass all control posts and conduct themselves correctly at all times towards their fellow competitors. The course must be completed entirely without any outside assistance. No assistant can lead or push a competitor.

The competitor who is on the point of being overtaken by another competitor must give way to that competitor at the first request, even if the course has two tracks. The only exception is within the last 200 metres before the finish line, a competitor is not obliged to get out of the way of the other competitor.

The competitors must follow the instructions of the Course Officials and of the Direction Officials.

Disqualification

Conditions: A competitor will be disqualified by the jury for infractions including but not limited to-
- if, in trying to shorten the distance of the course he does not follow the marked course or does not pass all control posts
- if he receives any outside assistance
- if, on the request of a fellow competitor who wishes to overtake him he refuses to give way immediately or if he interferes with a fellow competitor in any way.

After disqualification the name of the competitor is scratched and a new list of results is established.

Cross country team event

In the Cross Country Team Event, each country may enter two teams of 3 competitors. Each competitor competes for 3 km followed by the next teammate taking over within a 20 meters transition zone.

Mixed teams (men and women) are allowed. This is an event which is not age categorised.
RULES SPECIFIC TO BIATHLON

- Lead rifles are provided. They are “air rifle”.
- The rifles remain in the range on a fixed lane on the shooting area while the biathletes ski their loops.

Participation and declaration of training

Each competitor entering for biathlon is expected to be trained for this event and to know the general security rules regarding the use of the weapon system selected for the competition. Every competitor must take part in training sessions in order to get to know the weapon system selected for the competition.

Each competitor will complete a certificate declaring he/she has trained in shooting. In this form, each competitor will also say if he/she is right or left handed.

This certificate can be provided by Biathlon’s training supervisor.

The start

Order of Competitors
The starting order for the biathlon is to be based on the results from the 5 km Cross Country event. Competitors who have not competed in the 5km event, and who are not seeded in this competition, will be placed after the ranked competitors ranked by bib number. Competitors will start at 30 second intervals.
* During WWTG Anzère the distance is not 5 but 3K.

The shooting
* At the WWTG Anzère will be a 1K loop between the shooting, much traffic!

FIRST PHASE
The first shooting phase is performed at the km 2 mark. This shot is taken lying down with authorised support for the elbows only. Each competitor has five shots.

SECOND PHASE
The second shooting phase is performed at the km 3.5 mark. It is a standing shot, without support. Again each competitor has five shots.

LOADING
If airguns are used, each competitor must load his own rifle. In case the need arises there will be two technical advisors of the Local Organisation Committee present to advise.

In the case of loss of shot while reloading a new shot can be requested from the technical advisors, depending on availability. If the technical advisors are not present the competitor must choose 1) To wait after his/her last shot
2) Or to leave after his/her last shot knowing that the lost shot will be counted as a missed shot and carry a penalty 1’.

Notice of results

SHOOTING PHASE
There will be two tables for the shooting phase, P1 (for the lying down shot) and P2 (for the standing shot), put up to show each competitor his penalties.
AT THE FINISH
A Notice Board with the details of each competitor and the total of his results will be installed. The results are made up in the following manner:
- Time taken to complete the 3 km circuit = t
+ Penalties for lying down shot = P1
+ Penalties for standing shot = P2

Total

RULES FOR OTHER EVENTS

In case of organisation of other events (i.e. curling, speed skating, free-style cross country skiing), rules for these events will be approved by the WTGF.

Curling

The Rules for the Curling Events are those of International Curling except:

The number of ends is reduced to 4 or 5.
The Curling is a one-day event (from 9 am to 4 pm, for example).
Not gender categorized, not age categorized.

On the basis of 6 competing teams of 4 players maximum:

- 3 curling tracks provided
- Matches in 4 ends
- 3 qualified instructors provided

A one hour session of training and/or warm-up is provided at the beginning of the event.

Inter-National teams (competitors from 2 or more different countries in a same team) are accepted. They cannot earn medals, nor eliminate any national team.

Snow shoeing - 2KM

INFRASTRUCTURE
1. The course for the race is a continuous loop of two kilometres with a minimum track width of 1 metre, signposted and marked, on mountain terrain.
2. The start and finish are clear and well-marked.
3. Peaks are to be avoided on the loop, tracks have to ascend and go down slowly and continuously.

EQUIPMENT
1. The frame of the snowshoe itself has a maximum size of 20.5cm x 64cm (8” x 25”). This measurement is to be taken at the longest and widest part of the snowshoe.
2. Factory-installed traction crampons at the heel and toe are acceptable. The use of additional crampons is not permitted.
3. The snowshoe consists of a frame and mesh or solid material.
4. The foot must be held in place by a hinged binding fixed directly to the snowshoe.
5. Competition shoes may include, without any limitations, running shoes, hiking boots, or snow boots.
6. The use of sticks is optional.
Personnel

1. Officials
   a. Games Judiciary Committee
   b. Course manager
   c. Race manager
   d. Starting line judge
   e. Assistant starting line judge
   f. Finishing line judge
   g. Field judges

2. Official duties
   a. The course manager is responsible for the maintenance of the size and condition of the track.
   b. The race manager oversees the competition and ensures that the team complies with the rules and that the specifications of the course conform to the official ruling.
   c. The starting line judge gives the signal to start: ‘Runners: ready - go’ and fires a starting gun or lowers a large flag as soon as competitors are lined up. The starting line judge decides whether or not a false start has occurred.
   d. The assistant starting line judge is positioned ten (10) metres from the starting line and stops the athletes from continuing with the race if a false start is declared.
   e. The finishing line judge records the time and participant number of competitors as they cross the finishing line.
   f. The field judges, placed in positions throughout the course, oversee the progress of the race and monitor its conformity with the rules of its progression.

Competition rules

1. All snowshoes will be measured and checked by the race manager before each heat.
2. Competitors must wear at all times, in such a way as to be clearly visible to officials the number they have been given.
3. The start
   a. At the start of the race, competitors must have both ends of their snowshoes behind the starting line, indicated by colouring or some other type of mark. No part of competitors’ bodies or clothes may be in contact with the starting line or the snow in front of the starting line before the start.
   b. Two false starts will lead to disqualification.
   c. Any type of support, such as starting blocks or holes, which may give a competitor any advantage, are forbidden.
   d. The start is in the form of a ‘mass start’.
   e. Competitors must leave the start area after the order ‘Runners: ready - go’
   f. Any competitor leaving before the signal to start has been given will be credited with a false start. The competitor will be informed, and the race will be re-started.
   g. The starting order will be as follows:
      1. Orally ‘Runners: ready’ (the competitor must place himself in the starting position).
      2. Orally ‘Go’ or a shot from a starting pistol. A visual starting signal (a flag) may be used to help competitors with hearing difficulties.
4. The race
   a. Only officials and competitors taking part in the race are authorised to be on the course.
   b. When a curved track is used, the race manager ensures that all competitors cover the same distance.
   c. If, during the race, a competitor falls or has a problem with a snowshoe or a binding, he may not receive assistance of any sort, on pain of being disqualified. The nearest field judge will be authorised to apply this sanction.
   d. A competitor may not travel more than three (3) metres if he does not have both snowshoes attached to his feet.
5. **The finish**
   a. A competitor has finished the race when his torso reaches the vertical plane of the finishing line. The torso is distinct from the head, the neck, the arms, the legs and the feet.
   b. To be officially recognised, the competitor must have both snowshoes on his feet when he crosses the finishing line.

6. **Disqualification**
   a. A competitor may be disqualified for the following reasons:
      1) Overtaking in an incorrect manner, or preventing the overtaking of another competitor, or hindering any other competitor in any way.
      2) Obstructing the passage of another competitor.
      3) Leaving the designated course.
      4) Making two false starts.
      5) Travelling more than three (3) metres without having his/her snowshoes attached to his/her feet.
      6) Crossing the finishing line without having both snowshoes attached to his feet.
      7) Receiving physical assistance at any time after having crossed the starting line to begin the race or before crossing the finishing line.

**Snowshoeing orienteering**

Snowshoe Orientation is a team event. Team members must remain together throughout the course. Markers must be punched in the order shown on the map. Each team has a map. Teams set off every three minutes, against the clock.

The start is indicated on the map by a triangle, and the finish by a double circle. Punching of markers is carried out on a punch card given to teams at the start. Markers are indicated on the card by a circle with a number.

Teams which have not punched all the markers will not be classified.

Teams should not pass information to one another.

The LOC reserves the right to disqualify any team found to be cheating.

No limitation of national teams.

Inter-National teams (competitors from 2 or more different countries in a same team) are accepted provided there is time enough to make them participate without influencing any of the podiums’ results of the event. These teams are non-medalist.
The WTGF Nicholas Cup is an integral part of the Winter World Transplant Games and must be incorporated into the Games by the LOC. One transplanted child from each WTGF member country who cannot ski will receive free accommodation and ski lessons from D2 to D6 morning of the Games. All other participating children, Parents and siblings of Nicholas Cup participants will pay the full registration fee. No WTGF capitation fee will be payable by transplanted participating children 17 years and under.

Juniors who are strictly beginners at ski, aged between 5 and 17 years old are allowed to enter the Nicolas Cup. Juniors who enter the Nicholas Cup cannot participate at the Winter World Transplant Games.

Any child registered for the Nicholas Cup who at the start of the journey is discovered to not be a strictly beginner will be entitled to go on training within the Nicholas Cup program but will not have any allowance to get a medal at the Nicholas Cup slalom: therefore all teams are required to carefully assess any child before including him/her in its Team registration.

The “Nicholas Cup” is a week of Ski Lessons and Fun Snow activities’ Approach from all over the world. After lunch, the participants have the option of continuing to ski (eg. snowshoes, cross country, biathlon...) or taking part in a different activity (eg. swimming, horse sledding, dog sledding, etc.).

The “Nicholas Cup Race” is held during the week and ends with an “easy” slalom. All Nicholas cup participants receive a medal. Gold, silver and bronze medals are however only offered to the top three finishers.

The Nicholas Cup
A dedicated staff cares for the Juniors every day.
The Cup will be awarded to the most outstanding junior by a 3 member panel of Judges (transplant paediatric nurse, Nicholas Cup staff, Nicholas Cup main ski instructor, etc.).

All skiing equipment is taken in charge by the LOC for Nicholas Cup kids. 24/7 care is provided and children can come unaccompanied and will be collected from the airport or train station and returned to the airport or train station and checked in.

There is one « free » kid per registered paid-up WTGF member country.

*During the WWTG Anzère:
The Nicholas Cup race
A forerunner's time will be taken. The children will then have to guess how many seconds they will take to compete the course, the nearest guess to the forerunner’s time is the winner. In this way anyone can win, a total beginner or more experienced skier.

Any child registered for the games, sibling, accompanying child, junior competitor can do the race and will receive a commemorative medal but only Nicholas Green Camp registrants will be eligible to win the cup.
### APPENDIX 1 / SAMPLE 1 - WWTG TECHNICAL FORMS (TO BE FILLED UP FOR EACH SPORT EVENT)

| Training day | 1 day, xx January 2018 |
| Event day(s) | 1 day, xx January 2018 |
| Location training | xx, Anzère |
| Location Event | xx, Anzère |
| Warm-up and Training area | Chairlift ........................................... Ski lift |
| Website location | www.................. |
| Official Rules | By INTERNATIONAL SKI FEDERATION, except if modified herein. |
| Games Judiciary | Gudrun Manuwald-Seemüller |
| Catering on training | Yes / No |
| Catering during event | Yes / No |
| Rest rooms | Yes / No |
| Org. Association / Federation | .............................................. |
| Results of the day | Published at the LOC desk ...................................... |
| Weather forecast | Published at the LOC desk ...................................... |
| WTG Techn. Info Docs | Of the following day events |
| Starting lists | Of the following day events (then published at the LOC desk) |
| Lift open | xx:xx |
| Teams | 5 athletes max. |

### RUN

| Number of participators | XX |
| Registration: | All competitors must be registered by xx:xx. |
| Competition begins at xx:xx. If people have not registered by xx:xx they will be withdrawn from the event. |

| Course setter | 1st | 2nd |
| Inspection (one) | xx:xx | xx:xx |
| Entry for racers closed | xx:xx | xx:xx |
| Entry for all closed | xx:xx | xx:xx |
| Forerunners Number | xx:xx | xx:xx |
| Start time 1st forerunner | xx:xx | xx:xx |
| Start time Racer no. 1 | xx:xx | xx:xx |
| Start Interval | xx" | xx" |
| Slip crews | Continuous |
| Podium scratch (three first) | xx:xx |
| xx:xx |
| xx:xx |

### Age categories:

**Juniors** age groups: 8-11 years, 12-14 years and 15-17 years. **Juniors** from 15-17 years are permitted to compete in the adult age event. **Adults** age groups: 18-29, 30-39, 40-49, 50-59, 60-69, and 70 and over. **Living Donor / Donor families**: no age categories.

### Points:

1st place - 3 points, 2nd place - 2 points, 3rd place - 1 point.

### Medal Structure:

Gold Silver Bronze for each age category.

### Medal Ceremonies:

Throughout the event as age categories are completed.
<table>
<thead>
<tr>
<th>Category</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medal Structure:</td>
<td>Gold Silver Bronze for each age category.</td>
</tr>
<tr>
<td>Medals for Living donor / family:</td>
<td>Gold Silver Bronze for men and women, but no age categories. No medals for supporters.</td>
</tr>
<tr>
<td>Medal Ceremonies:</td>
<td>Throughout the event as age categories are completed.</td>
</tr>
<tr>
<td>Medals presented by:</td>
<td>Sport coordinator and trustee</td>
</tr>
<tr>
<td>Medal ceremony</td>
<td>xx:xx</td>
</tr>
<tr>
<td>Return to village</td>
<td>xx:xx</td>
</tr>
<tr>
<td>Next team Manager Meeting</td>
<td>xx January 2018 xx:xx</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td></td>
</tr>
</tbody>
</table>

**Example**

- Run 1 & Run 2: same setting. No inspection for the 2nd run
- Run events run according the rules for events

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<td>Results:</td>
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